

# 2016 Instructional Program



**Primary Contact:** [Eric Hermann](#) 970-482-8339

Poudre Paddler classes teach strokes and skills for levels from beginning paddlers through river enthusiasts. All class participants must have their club dues current to begin classes. **You must have or rent your own boats and gear. You must be a competent swimmer!**

## Instructors

- Small (400x300)
- Large (800x600)

Click an image to enlarge:



## Poudre Paddlers Instructors (with ACA certifications)

Will Golson	970-207-1010	River Canoeing - Tandem & Solo
Eric Hermann	970-482-8339	Whitewater Canoeing - Tandem & Solo Level 4
Debbie Hinde	970-669-6247	Whitewater Canoeing - Tandem Level 4 Solo 3
Mike Koliha	970-226-0426	River Canoeing - Tandem & Solo
Richard Ferguson		River Canoeing – Tandem and Solo

## Other Poudre Paddlers Instructors

Randy Knauff	970-663-4598	Sea Kayaking, Camping
Mike O'Brien	970-222-2325	General Canoeing
Karen Roth	970-482-4360	River Kayaking, Camping

## To Sign Up for Poudre Paddlers Classes

Check fees and insurance in the listings below. Many classes are free. To sign up for a class:

- **Contact the instructor. You must contact instructor at least 7 days before the class and send fees to Eric Hermann at least a week in advance.** Otherwise, classes may be cancelled due to a lack of sufficient students. Registration is by instructor approval. He or she can help you select the class to fit your learning goals and skill level. The instructor can also offer preparation details, directions to the training location, and suggestions for the class.
- **Send a check made out to Poudre Paddlers** to Eric Hermann, 722 Whedbee St., Ft. Collins, CO 80524 at least 7 days before the class. Include both class fees and updated Club dues. Refunds are not given if you don't show up. Include in the check:
  - course fee
  - ACA insurance fee if applicable for the course (\$10 for each non-ACA member)

## ***Training Schedule***

### **Tuesdays on the Pond (Not set up yet for 2016—let me know of interest)**

Below is the description of this. We have 4-5 kayakers and a canoeist or two who could do this. Eric can give a Tuesday or Wednesday p.m. for a session or two. Do others want to come as mentors, etc.? If so, what day, perhaps in the 4-7 p.m. time frame, would you like to come? We could start this now!

(April, when the snow melts! Stay tuned to the website for further notice) No Fee

At Riverbend Ponds on Timberline. Parking lot is just north of the Timberline Road Bridge over the Poudre. Folks just practice and play—strokes, jokes, braces, maybe rolls—in kayaks and canoes. See calendar on website. Someone bring the [Natural Areas permit](#). Keep it in a car.

### **Weeknight on the Poudre**

(Will start sometime in May) No Fee

Informal gathering of river boaters in Poudre Canyon. Mentoring possible if you call leader ahead of time. We run Filter Plant (Class II, with a Class III rapid) and Bridges (Class III). Helmet, pfd, flotation and adequate clothing required. See calendar on website.

## Introduction to Canoeing (Flatwater) and Basic River Canoeing

### Introduction to Canoeing (Flatwater) and Basic River Canoeing

Date/Time: Saturday, May 7 or 14 , 9AM - 1PM POND SESSION and Sunday, May 15, 1:30 – 4:30 (or possibly longer) ON THE RIVER.  
If you want only the pond session you may. However, for day two, day one is a prerequisite.

Location: Riverbend Ponds (May 7 or 14) & Poudre River, site to be announced (May 15 or later if river level isn't right)

Instructors: Debbie Hinde, Eric Hermann, Mike Koliha,  
**Contact** Debbie Hinde, [dhinde1@msn.com](mailto:dhinde1@msn.com)

Fee: \$10 per paddler per day plus \$5 ACA insurance for nonmembers (covers both days)

The first day is Basic Canoeing, including strokes to be used in lakes or rivers: forward and reverse strokes, turning strokes, side-slipping, stability, and safety, as well as equipment choices. Your strokes will be refined through demonstration, practice, individualized feedback and instruction. Communication and coordination between tandem partners will be discussed.

Description: The second day will build upon the flatwater class. The basic strokes will be applied on moving water (up to Class I+). Eddy turns, peel outs, and ferries will be introduced and practiced. Boat tilts and other methods that also help you stay upright will be discussed and demonstrated.

We may opt for more time on flatwater if conditions and student preferences/abilities suggest it.

## **Beginning River Rescue and Safety Class**

Date/Time: Wed, June 1 6-8:30 p.m. classroom; Sat. June 4 on river, depending on water flow, temperature and weather.

Locations: TBD

Instructors: Debbie Hinde (970-669-6247) & Randy Knauf (970-663-4598)

Fee: Free

Description: Safety and rescue skills are essential for any paddler. This class is for Poudre Paddlers wanting to run rivers. Fundamental safety equipment, preparation & planning, appropriate clothing, basic boat rigging for safety, understanding and recognizing hazards, reading rapids, self-rescue skills, and on-shore rescue of swimmers will be covered. Other safety and rescue issues may be addressed including: minimizing the risk of capsizing, safe boat entry and exit, and boat-to-boat rescue.

**If you attend this class, you will get wet!** Please wear suitable clothing and bring extra dry clothing too. **Consider renting a wet suit or dry suit. (RMA 970 493 4005)**

## **ACA Kayak Level 2: Essentials of River Kayaking**

Not developed yet—depends on instructor availability

**Whitewater Canoeing Late June, water level permitting.** If the river is too high, this may be postponed. **Admittance first to those who wanted it in 2015.**

Prerequisites: Solid skills demonstrated in previous Club classes, as noted by the instructors. Must be ready physically and mentally for self-rescue swims in class 2 rapids. Students will be interviewed, seeking a resume of previous river paddle in challenging places. Required: pfd, helmet, cold-water swim wear, standard boat flotation.

**Course Overview: (This from ACA)** The **Whitewater Canoeing** course is for canoeists interested in learning the skills required to efficiently paddle on rivers with Class I and II rapids by catching smaller eddies, making sharp peel outs and effective ferries. Participants at this level aspire to attain a higher level of canoeing skills, improve the quality of their strokes and maneuvers, and increase their river rescue knowledge. This course is appropriate for properly outfitted whitewater tandem and/or solo canoes. It can be taught tandem, solo, or both.

We will start in Class 1 water and move up to Class 2, likely on the Poudre.

Cost is \$20 per paddler and \$5 fee for any non-ACA members to cover insurance. The \$20 cost is for the day one class only. Day 2 is free, due to permitting restrictions in the national forest.