

YEAR	INSTRUCTION ACTIVITIES	COORDINATOR or INSTRUCTOR	LOCATION
1975 - 1989			
1976	Training session to practice whitewater strokes	Jeff Keeler	Poudre or South Platte below Deckers
1977	Basic River Canoeing	Jeff Keeler	Colorado River near Glenwood Springs
May 1982	May training	John Mullen, lead instructor	
June 1982	June training	Jeff Keeler, lead instructor	
June 1982	Advanced Play Instruction	Eric Bader	Colorado River
May 1982	Flatwater and flowing water sessions; Written materials for \$10/trainee;	John Mullen lead instructor	Chatfield and South Platte
June 1982	Flatwater and flowing water sessions; Written materials for \$10/trainee;	Jeff Keeler lead instructor	Chatfield and South Platte
1983	Instruction classes	Ray Crockett coordinating, also Jim Herring (technique), Lynn Sanders (hypothermia), Jerry Nyre (equipment)	
Winter 1984	Winter Pool Canoe Roundup: contests, instruction, CPR demo, etc.	Lyn Berry organizer	Sheridan Recreation Center
1984	Trainer certification	Barbara Osgood and Bruce Cox	
June 1984	Intermediate/Advanced in June at higher water	Lyn Berry Coordinator	Blue River
June 1984	Train the Trainer in June;	Lyn Berry Coordinator	
July 1984	Beginner training in July	Lyn Berry Coordinator	Arkansas River
1984	Fundamentals of River canoeing	Holubar	Chatfield and Green Mountain Reservoir
1984	Arkansas River Training Weekend: Largest ever RMCC event		
July 1984	Arkansas River Training	Lyn Berry	below Salida
August 1984	Beginner Training		
1984?	Red Cross trainers training RMCC members on instruction		Washington Park lake
Spring 1985	Rescue Clinic	South Suburban Recreation and Dive Rescue International, Inc.	
May&June 1985	Basic Canoe training, classroom and pool sessions	Gary Cox	
1985	Basic River Canoeing		Soda Lakes
June 1985	Pre-FIBARK Training	Mike Danahy	Arkansas River
1985	Training for TCs and Guidelines for both TCs and boaters		

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July 1985	River Training	Gary Cox	upper Colorado
August 1985	Advanced River Training	Gary Cox	
1986	Winter rolling sessions at Aurora Pool to be scheduled		
1988	ACA Certified Moving Water Class	Pete Petersen	
1990 - 1999			
?	Presentation on outfitting a boat at the spring meeting	Jim Herring	
Winter 1990	Pool sessions, Sundays 6-8 pm, \$2.25 /person		John Whitmore Pool in Arvada,
1990	ACA Classes: Flat Water; Moving Water; Whitewater, tandem and solo; Canoe Rolling 201	Pete Petersen	
1990	Canoe Rolling 101	Ken Ramsay	
1990	Red Cross Classes: Fundamentals, Canoeing Aide, Canoeing Instructor	Judy Moisey	
1991	Basic River Canoeing	Pete Petersen	
1991	Whitewater weekend	Pete Petersen	
1993?	Canoe Instruction	Pete Peterson, Jeff Oxenford (Assistant)	
1998	Beginner Instruction	Carol Aikins	
2000 - 2009			
2002	Article: Kid's Canoe Program	Jeff Oxenford, Wes Hurcomb	at Soda Lakes and running Deckers
2003	ACA Open Canoe Instructor Certification; \$80 tandem, \$60 solo	Jeff Oxenford, Bob Foote	
Fall 2003	Tips for paddling class V whitewater in an open Canoe - detailed description of classes	Sammer Elias	
2004	Instruction: White water	Bob & Jill Stecker	
2004	Canoeing basics	Jeff Oxenford	
2004	Open Canoe through Whitewater	Jeff Oxenford	
2004	Whitewater Weekend	Bob & Jill Stecker	
2005	Meyers Pool sessions including Smorgasboard of canoeing and presentations	Jeff Oxenford, Bob Stecker, Eric Nyre	
Summer 2005	Swiftwater Rescue Course	Brad MacMonagle	
2006	Canoe Instruction	Bob & Jill Stecker	
2006	ACA Basic Canoe Tandem - Instructors Class	Jeff Oxenford	

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2006	Basic River Canoeing, Solo & Tandem	Jeff Oxenford	
2006	Attendance at training sessions was down this year (reported in March 2007 newsletter)		
2007	Quick Start Beginner's Canoe Class	Jeff Oxenford	
2007	Instructor Development and Certification	Jeff Oxenford	
2007	River Canoeing Class, beginner to intermediate	Jeff Oxenford	
2007	Trip Coordinator's Class	Jeff Oxenford	
2008	Canoe Basics	Jeff Oxenford	
2008	River Canoe Class, beginner to intermediate	Jeff Oxenford	
2008	Trip Coordinator training	Jeff Oxenford	
2008	Winter Pool Olympics	Karen Amundson?	
2008	REI Basic Canoeing program	Karen Amundson	REI Denver
2009	Basic Canoe Instruction	Kerry Edwards, Bill Haas	
2009	Winter Pool Sessions - only 2 because low attendance		Meyers Pool, Arvada, CO
2009	ACA Canoe Courses levels 1, 2, 3; 4 sessions	Bill Haas and Kerry Edwards	classroom, Soda Lakes, Chatfield Reservoir and South Platte at Deckers
2010 - 2019 with 199+ participants			
Spring 2010	ACA Certified Swiftwater Rescue		
2010	Swiftwater Safety & Rescue	Sammer Elias	
2011	Basic River Canoeing	Jim & Karen Baker-Jarvis	
2011	RMCC offered to pay 25% (up to \$50) to any member taking a first Aid Training course this year		
4/1/2012	Trip Coordinator Training	Jeff Oxenford	
5/1/2012	Basic Canoe classes	Jeff Oxenford	
5/5/2013	First, Canoe Rigging & Packing class	Bill Ashworth	
5/17/2014	Introduction to Canoeing; Poudre Paddlers	Eric Hermann, Debbie Hinde	
4/27/2014	Second Boat Rigging and packing Class	Bill Ashworth	
4/12/2015	Canoe Rigging & Packing class	Bill Ashworth	
5/16/2015	Basic Canoeing class with Poudre Paddler instructors	Eric Hermann, Mike Koliha, Debbie Hinde	
3/19/2016	Canoe Rigging & Packing class	Bill Ashworth	
5/14/2016	Intro to Canoeing	Eric Hermann, Mike Koliha, Debbie Hinde	
4/8/2017	ACA Certification Class	Jeff Oxenford	Soda Lakes
6/10/2017	Rigging and Packing Class	Bill Ashworth	Ashworth, Boulder, CO

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4/28/2018	Canoeing Essentials Class - 2 day	Debbie Hinde, Lynne Carpenter	Macintosh Lake, South Platte, CO
5/5/2018	Packing and Rigging Class	Bill Ashworth	Ashworth's House, CO
1/20/2019	Canoe Brace and Roll	Jeff Oxenford	Meyers Pool, Arvada, CO
2/17/2019	Canoe Rescue	Lynne Carpenter	Meyers Pool, Arvada, CO
3/17/2019	Canoe Stroke Practice	Debbie Hinde	Meyers Pool, Arvada, CO
5/11/2019	Essentials of Canoeing	Debbie Hinde, Lynne Carpenter	Macintosh Lake & S. Platte, CO
2020 - 2025 with 525 Participants			
1/19/2020	Canoe Stroke Practice	Lynne Carpenter	Meyers Pool, Arvada, CO
2/23/2020	Tandem Communications	Debbie Hinde	Meyers Pool, Arvada, CO
4/26/2020	Packing and Rigging Class	Bill Ashworth	Ashworth, Boulder, CO
5/11/2020	Beginning River Safety & Rescue	Debbie Hinde	Virtual
5/30/2020	Canoeing Essentials - Flatwater	Debbie Hinde	Macintosh Lake, Longmont, CO
6/7/2020	Canoeing Essentials - Moving	Debbie Hinde	Yarmony Bridge, CO River
4/26/2021	Packing and Rigging Class	Bill Ashworth	Ashworth, Boulder, CO
6/19/2021	Canoeing essentials flatwater	Debbie Hinde	McIntosh Lake, Longmont, CO
6/20/2021	Canoeing essentials, moving	Debbie Hinde	River Run Park, Denver
2/23/2021	Tandem Communications	Debbie Hinde	Meyers Pool, Arvada, CO
2022	Meyer's pool was not open for practice or classes this year,		
3/22/2022	Beg. River Safety & Rescue in conjunction with Poudre Paddlers	Debbie Hinde, Randy Knauff	Virtual
2022	Inflatable kayak class with Poudre Paddlers	Sonia Van Zyl, Roger Faaborg.	Virtual
2022	Rendezvous' informal mentoring run with several mentor volunteers across two paddling groups	Debbie Hinde	Upper Colorado at Rendezvous
4/22-24/2022	ACA Canoe Instructor Cert Workshop	Jeff Oxenford	Bear Creek Lake State Park, CO
4/27/2022	TC Training	Bill Ashworth	Virtual
4/30-5/1/2022	Essentials of Flat & Moving Water	Debbie hinde, Lynne Carpenter, Louise Richards, Richard Ferguson, Jan Dooley	Macintosh Lake and South Platte River
5/7/2022	Packing and Rigging Class	Bill Ashworth	Ashworth, Boulder, CO
5/7-8/2022	ACA Canoe Instructor Cert Workshop	Jeff Oxenford	South Platte River, Deckers, CO
5/16/2022	TC Training	Bill Ashworth	Virtual
3/4/2023	Pool Session #1 - Canoe Rolling	Jeff Oxenford, Alan Whittern	Centennial Pool, Longmont, CO
3/12/2023	Pool Session #2 - Self & Boat Rescue	Debbie Hinde, Jeff Oxenford, Alan Whittern	Centennial Pool, Longmont, CO
3/18/2023	Pool Session #3 - Kayak Rolling	Kit Williams, Curt Cleavinger	Centennial Pool, Longmont, CO
4/6/2023	Safety & Rescue Zoom with PP, RMCC, HCRR, LCCC	Lynne Carpenter, Mike O'Brien, Roger Faaborg, Nick Kot	Virtual
4/12/2023	TC Training	Bill Ashworth	Virtual
5/6-7/2023	Essentials of Flat & Moving Water	Debbie hinde, Lynne Carpenter, Louise Richards, Ken Hilt	Macintosh Lake & South Platte River, CO

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5/6/2023	Packing and Rigging Class	Bill Ashworth	Ashworth, Boulder, CO
7/9-10/2023	Swiftwater Rescue	Debbie Hinde	CRI, Salida, CO
8/4-5/2023	River Paddling Workshops	Debbie Hinde, Ken Hilt, Lynne Carpenter, Alan Wittern, Becky Bowers, Chris Kelly	Upper Colorado at Rendezvous
9/13-15/2023	ACA L1 Canoe Instructor Course	Jeff Oxenford	Morrison, CO
2/10/2024	Pool Session #1/Brace & Roll	Debbie Hinde, Jeff Oxenford, Alan Whittern	Centennial Pool, Longmont, CO
2/17/2024	Pool Session #2/Kayak Roll	Debbie Hinde, Kit Williams	Centennial Pool, Longmont, CO
3/2/2024	Pool Session #3/Rescue	Debbie Hinde, Jeff Oxenford	Centennial Pool, Longmont, CO
3/9/2024	Pool Session #4	Debbie Hinde	Centennial Pool, Longmont, CO
4/3-7/2024	ACA Instructor Dev't & Cert.	Jeff Oxenford	Various, near Golden, CO
4/18/2024	TC Training	Jeff Oxenford, Bill Ashworth	Virtual
5/4/2024	Packing and Rigging Class	Bill Ashworth	Ashworth, Boulder, CO
5/11-12/2024	Essentials of River Canoe	Debbie Hinde, Lynne Carpenter, Ken Hilt, Becky Bowers	Prospect Park, Wheatridge, CO South Platte River Run Park but INSIDE the shelter due to flooding
2024	Swiftwater Rescue training	Canyon River Instruction of Salida	Salida, CO
2/2/2025	Pool Session #1/Rolling/Bracing	Debbie Hinde, Jeff Oxenford, Alan Whittern	Centennial Pool, Longmont, CO
2/9/2025	Pool Session #2	Debbie Hinde	Centennial Pool, Longmont, CO
2/23/2025	Pool Session #3/Self-Rescue	Debbie Hinde, Jeff Oxenford	Centennial Pool, Longmont, CO
3/2/2025	Pool Session #4	Debbie Hinde	Centennial Pool, Longmont, CO
4/16/2025	TC Training	Bill Ashworth, Jeff Oxenford	Virtual
4/26-27/2025	Whitewater Canoeing Skills	Jeff Oxenford, Alan Whittern, Ken Hilt	Bear Ck State Park &