

Trip Leader's Guide

Last season there was some confusion about the trip leader's responsibility for preparation and conduct of his trip. I have jotted down a few guidelines for this season, and welcome any suggestions or comments on improvements. We will send to each member a collection of trip descriptions the first week in May. Each trip leader should prepare a short description of the trip based on a previous year's experience, topographic maps, etc. It should include the dates, length of the trip ("all day Saturday" or "Saturday afternoon and Sunday morning"), difficulty of the water, travel time from Denver, any special limitations ("canoe camping trip"), other helpful information and the leader's name, address and phone number. These descriptions should reach the secretary no later than May 1st. As the date of the trip approaches he should--

A. Preparation

1. Scout the river before the day of the trip and run it ahead of time if uncertain of conditions.
2. Select area to be paddled based on water conditions and trip time available.
3. Clear access to launching and take-out points with land owners.
4. Sketch maps that might be helpful in finding the initial and terminal points.
5. Check camping/motel facilities in the area for overnight trips.
6. Arrange car pooling for those interested.
7. Help in matching paddlers without canoes to those looking for partners.
8. Make final decision on whether the trip is "on" or "off" in the event of bad weather, etc.

B. On the Trip

1. Change length of trip if necessary due to water or weather.
2. Complete car spotting before the scheduled launching time.

3. Establish any safety rules for the trip.
4. Insures that a boat in each group is equipped for rescue and first aid.
5. Decide how to cope with obstacles--whether to run or portage rapids, etc.

- C. After returning the leader will fill out the trip report form, including any information that might be helpful for a later excursion such as:

Alternate launching sites

Fences encountered

It might be better to run it at a different time of day or year

Interesting landmarks or scenery

TOM R. WAYMIRE

DENVER, COLORADO 80222

3/10/79

Dear Jeff,

I thank you for your letter and "River Guide" comments. I share many of your concerns about such a guide - it's just been something the Club has talked about doing, but never quite has done. I want to raise these issues you've mentioned, plus others, at the upcoming Leader's meeting in order to set a little policy about how such a guide should be used by the Club. It should not be left up to me, and yet the entire Club may not reflect the seasoned wisdom required. So, I chose the Leader's meeting to decide these things.

Here's how I see the issues:

1. How many newsletters? One for the year or a few? In past years, we've scheduled the season's trips and ^{also} sent out newsletters of trip descriptions by the leaders. I lean in the direction of one schedule, complete with trip descriptions, for the entire season.

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2. Should the guide be a "river guide" or a "trip guide?" While similar, a river guide describes the river only and leaves out such things as overnight camping facilities and would describe a one-day section only (unless no one-day take-out is possible). A trip guide would get into put-ins, take-outs, short side runs, or shuttles, etc.
3. Should the guide be kept by the President (available for club members to look at) and updated as each leader turns in reports, or should the guide be given to leaders, or to all club members?
4. Should river sections in the guide be limited to sections boatable in open coasts?
5. How much detail should there be in the "trip description"? Too little is not helpful as a guide and too much may not reflect changes in river flow and be more misleading than helpful.
6. What about the internal consistency?
 - a. Which rating scale - 6 pt. or 10 pt.?
 - b. Trips ^{on some river} by alphabet or by water flow (beginning to end)?
 - c. How to report on 2 different trips that may overlap a section; e.g. Nine mile bottom to Hook & Horseshief / Ruby Canyons on the Colorado?
 - d. How to reflect different degrees of difficulty at different water levels?
 - e. Are Easy, Intermediate, and Advanced sufficient gradations of difficulty? And how are they to be defined?

(3)

TOM R. WAYMIRE

DENVER, COLORADO 80222

7. Optimum size of the Cruise Club?
- This question is a tough one. The larger we get, the more novices we gain, and therefore the greater exposure to disability and leadership burden. Too small, there aren't enough trips to go on. Too large, the trip size is too great.
- We could put a ceiling on size.
 - We could take our name off the FCA's bulletin board.
 - We could restrict the distribution of the Guide books (see #3).
 - We could take the boat dealers off the mailing list.

All of these issues, I off, will be covered at the Leaders meeting next Sunday. But I don't intend for it to turn into a Bull Session - the main reason is to schedule this season's trips. At least having the Guide in front of everyone will jog people's memory, and we'll have a blend of new & old trips.

Recall & comments from Ginger

See you then,
Tom

TOM R. WAYMIRE

March 27, 1979

DENVER, COLORADO 80224

Dear Canoe Club Member:

This is the moment you all have been waiting for: the General Membership Meeting to kick off the 1979 boating season! It will be held on Tuesday, April 17, 7 - 9 pm, at the Arvada Junior High School (where we met last year).



Address of the school is:
5751 Bolsom.

Attached is a tentative trip schedule prepared at the recent leaders meeting. There are still some open weekends that need to be filled in so be thinking of trips you would like to see planned, even if you can't lead them. We will also discuss items of general interest to the membership. For instance, Grayling no longer rents canoes. The American Canoe Assoc. is moving its office out of Denver to: Box 248, 7217 Lockport Pl., Lorton, Va. 22079, phone: (703) 550-7523. Unless an idea arises, this means that there will no longer be a phone number through which new boaters can learn of the R.M.C.C. The "River Guide" was discussed at the leaders meeting and it was decided that for this season a master copy of the guide would be used only as a reference for leaders in preparation for a trip. After each club trip the leader will be asked to fill out a trip report and return it to me for inclusion in the master guide. We'll review the situation again next year to see how (or if) we would want to continue the system.

It's time to pay your dues for 1979 if you have not already done so. As indicated in a previous newsletter, we are asking for a one-time liability release form to be signed. If our records do not show that we have received one from you, we have enclosed it with this newsletter. This will be the last newsletter for those not paying the \$5.00 dues by April 30. Some people each year have a boat and need boating partners or do not have a boat and would like to be someone's boating partner. For instance, Jan Brown (425-1548) has a Klepper and would like to find someone either in need of a boating partner or someone who would like to boat with her. If you will call Ginger or me at 757-3442, we'll try to get everyone together.

Tom and Ginger

R.M.C.C. TENTATIVE

TOM R. WAYMIRE (757-3442)

TRIP SCHEDULE:

March 27, 1979

DENVER, COLORADO 80224

- Apr. 17, Tues. General Membership Meeting.
- Apr. 21, Sat. Canoe Training Session (lake) - Dan Chiras
- Apr. 28, Sat. Daylight Savings
- May 05, Sat. 2nd Canoe Training Session (lake) - Dan Chiras
(may be shifted to a weekday evening)
- May 19 or 20 3rd Canoe Training Session (river) - Dan Chiras (If interested in these, call Dan [redacted] or Waymires.)
- May 19 or 20 First '79 Official River Trip. Either Platteville to Greely or Chatfield to Denver on So. Platte R. Latter is new club trip. (easy.) John Mullen - [redacted]
- May 26 - June 03 "Week Of Rivers" - traditional expedition trip of RMCC. This year it will be an intermediate trip on the San Juan River from Bluff to Mexican Hat and will be led by Bob and Linda McLaughlin ([redacted]).
- May 26 - 28 Memorial Day Weekend. Craig to Juniper Spgs. on Yampa R. (easy - no rapids) - T. Waymire (experts can also run Juniper Canyon if they wish) [redacted].
- Ewing trip*
June 02, Sat. Silverthorne to Blue R. Campground on Blue R. (intermediate) John Mullen ([redacted]).
- June 03, Sun. E. of Wolcott on Eagle R. New club trip. (advanced) Tom Waymire (need partner) [redacted].
- June 09 - 10 Overnight: Meeker to Rio Blanco Lake on White R. (intermediate) - John Shugrue ([redacted]).
- June 10, Sun. Bridge Crossing to S. Platte Townsite on S. Platte R. (intermediate) - Mike Hardesty ([redacted]).
- June 16 - 17 Overnight: Eagle to Dotsero on Eagle R. New club trip. (intermediate) Alternate trip will be on Roaring Fork R., also new club trip. John Mullen ([redacted]).
- June 17, Sun. Granby to Hot Sulphur Spgs. on Colo. R. (easy) Leader will be Bruce Waters ([redacted]).
- June 23 - 24 Overnight: Saratoga to I-80 bridge on N. Platte R. New club trip. (intermed.) Earl Mosburg (need phone #).
- June 24, Sun. Poudre R. (Leader's choice) Gerry Baker ([redacted]).
- June 30, Sat. Six Mile Gap to Plattoga Ranch on N. Platte R. (advanced) Don Walker ([redacted]).
- July 01, Sun. Downstream from Ft. Collins on Poudre R. New club trip. (easy) John Mullen ([redacted]).
- July 07 - 08 Overnight: near Salida on Arkansas R. New club trip. (intermediate) Kay Gilles ([redacted]).
- NOTE: The 4th of July is on Wednesday. If some people wanted to take some vacation time, a longer trip could be planned, e.g. Ninemile Bottom trip in Utah, Rio Grande, Dolores, etc.
- July 14 - 15 Overnight: Below Burns on Colo. R. (intermed.) D. Chiras.
- July 15, Sun. State Bridge to Burns Bridge on Colo. R. (easy) Bob Kinter ([redacted]).
- July 21 - 22 Overnight: Almont to Gunnison on Gunnison R. New club trip. (intermed.) Nick Haren (?) ([redacted]) NEED ALTERNATE LEADER.
- July 28, Sat. Grizzly Creek to New Castle on Colo. R. (intermediate) Linda McLaughlin ([redacted]).
- July 29, Sun. New Castle to Rifle on Colo. R. New club trip. (easy?) NEED LEADER. Possible overnight with previous day's trip - what do you think, Linda?
- Aug. 04, Sat. Sp. Creek Bridge to Kremmling on Blue R. (intermediate) Don Walker ([redacted]).
- Aug. 05, Sun. Silverthorne to Blue R. Campground on Blue R. (intermed.) NEED LEADER. Could be done in conjunction with previous day's trip or reversed in order.

- Aug. 18 - 19 Overnight: Burns to Dotsero on Colo. R. (intermediate) NEED LEADER.
- Aug. 25, Sat. Dotsero to Hanging Lake on Colo. R. (easy) NEED LEADER.
- Aug. 26, Sun. Sp. Creek Bridge to Kremmling on Blue R. (intermediate) Kathy Carty-Mullen ().
- ✓ Sept. 1 - 3 Labor Day Weekend. Flaming Gorge Dam to Gates of Lodore on Green R. (intermediate) Jeff Keeler (444-7675)

Club trips have been scheduled on all weekends but at least 3 trips still need leaders. Single day trips can still be scheduled concurrent with overnight trips. All of the above trips can be changed so bring your ideas to the General Membership Meeting on April 17.

* Dee Barrett () Bell Belt () (Need apartment)
 Mullen
 McLaughlin

TOM R. WAYMIRE

DENVER, COLORADO 80222

July 4, 1979

Happy Independence Day!

We're halfway through the boating season. Even though the nice boating haystacks are receding, the water is starting to warm up a bit and the cold rain showers are diminishing. So we have a lot of good boating to look forward to in the next couple of months. Nick Haren is even sponsoring a multi-class canoe race Aug. 11/12 on the Big Horn River in Wyoming. If you're interested in that one, contact Nick at [redacted].

Locally, we have reconfirmed the already scheduled trips and have added others, even to the point of some concurrent trips. It's such a good boating year, we want to try to get a lot of rivers scheduled. If no leader is indicated on the schedule, the trip is still "on", so call me at 757-3442 to sign up and learn trip details. If all else fails, a trip leader may be chosen from among those wanting to go.

- July 7-8 Overnight. Near Salida on Arkansas R. New club trip. (intermediate) Kay Gilles (call Tom Waymire [redacted])
- July 8 Sun Platteville to Greeley on So. Platte R. (easy) Leader open - call T.W. 757-3442 (Alternate trip on St. Vrain from Rt. 119 bridge to Platteville)
- July 14-15 Overnight. Below Burns on Colo. R. (intermediate) Dan Chiras ([redacted])
- July 14-15 Overnight. Almont to Gunnison on Gunnison R. New club trip. (intermed.) Lyn Berry ([redacted]) (Roaring Fork R. from Carbondale is alternate trip)
- July 15 Sun State Bridge to Burns Bridge on Colo. R. (easy) Bob Kinter ([redacted])
- July 21-22 Overnight. Six Mile Gap to Plattoga Ranch on N. Platte R. (intermediate) Leader open - call T.W. [redacted] 777-2882
- July 22 Sun Chatfield to Denver on So. Platte R. New club trip. (easy) Leader open - call T.W. [redacted]
- July 28 Sat Grizzly Creek to New Castle on Colo. R. (intermediate) Linda McLaughlin (Longmont [redacted])
- July 29 Sun New Castle to Rifle on Colo. R. New club trip. (easy) Leader open - call T.W. [redacted] (The Sat and Sun trips could be an overnight for some)
- Aug 4 Sat Spring Creek Bridge to Kremmling on Blue R. (intermediate) Don Walker ([redacted])
- Aug 5 Sun Silverthorne to Blue R. Campground on Blue R. (intermediate) Ray Bridge ([redacted]) (The Sat and Sun trips could be an overnight for some people)
- Aug 11-12 Overnight. Pump House to State Bridge on Colo. R. (intermediate) Jeff Keeler ([redacted]) and Tom Waymire ([redacted])
- Aug 12 Sun Deckers Bridge to Chutes on So. Platte R. (intermediate) Leader open - call T.W. [redacted]
- Aug 18-19 Overnight. Burns to Dotsero on Colo. R. (intermediate) Cliff Reisig ([redacted])
- Aug 19 Sun Ft. Collins to Windsor on Poudre R. (water permitting) (easy) Leader open - call T. W. [redacted] (Alternate trip is Glendo to Guernsey on N. Platte R. (easy) - camping Sat night or an early drive Sun)
- Aug 25 Sat Dotsero to Hanging Lake on Colo. R. (plus hike to Hanging Lake or a swim in Glenwood Hot Springs (easy)) Tom Waymire ([redacted])
- Aug 26 Sun Spring Creek Bridge to Kremmling on Blue R. (intermediate) Kathy Carty-Mullen ([redacted])
- Sept 1-3 Labor Day Weekend. Flaming Gorge Dam to Gates of Lodore on Green R. (intermediate) Jeff Keeler ([redacted])

Tom & Ginger

ROCKY MOUNTAIN CANOE CLUB

The Rocky Mountain Canoe Club was formed in 1975 in Boulder by a small group of open canoeists. Our organization is loose-knit, with just a President and Secretary-Treasurer elected each Fall at the annual pot-luck dinner and slide show. While we have some 40 member families, we are not trying to become large and "overweight". The purpose is simply to provide a vehicle for meeting other boating enthusiasts. Trips are organized for most every weekend from May through September. Members frequently organize their own non-club trips as well.

Most of the club's members have open canoes, but Folbots, kayaks, and a C-2 are also represented. Trip emphasis is on white water canoeing, but we try to have an even mix of easy, intermediate, and advanced trips. The mix is influenced by the number of volunteer leaders we have and the trips they want to lead. Discussing possible trips is the main agenda item for our one and only Spring meeting. A trip schedule is then formulated and sent to members. Members are also informed of trip details through periodic newsletters, with each member registering for a trip directly with the leader.

Beginning canoeists are especially welcome. Each year we intend to hold a basic canoe instruction weekend. This is an excellent opportunity to learn the basics, check out new equipment, or transfer your lake paddling techniques to whitewater requirements.

Dues are \$5.00 per year and cover the cost of preparing and mailing newsletters, etc. Please make your check out to "Rocky Mountain Canoe Club". We are also asking that a "Release Form" be signed prior to membership. We have been advised that such a release would be good, in that in no way do we want to imply that any of our members is in the business of teaching canoeing or conducting "Outward Bound" experiences.

Please send your dues together with the signed Release Form to:

Tom Waymire



CANOE-CAMPING EQUIPMENT

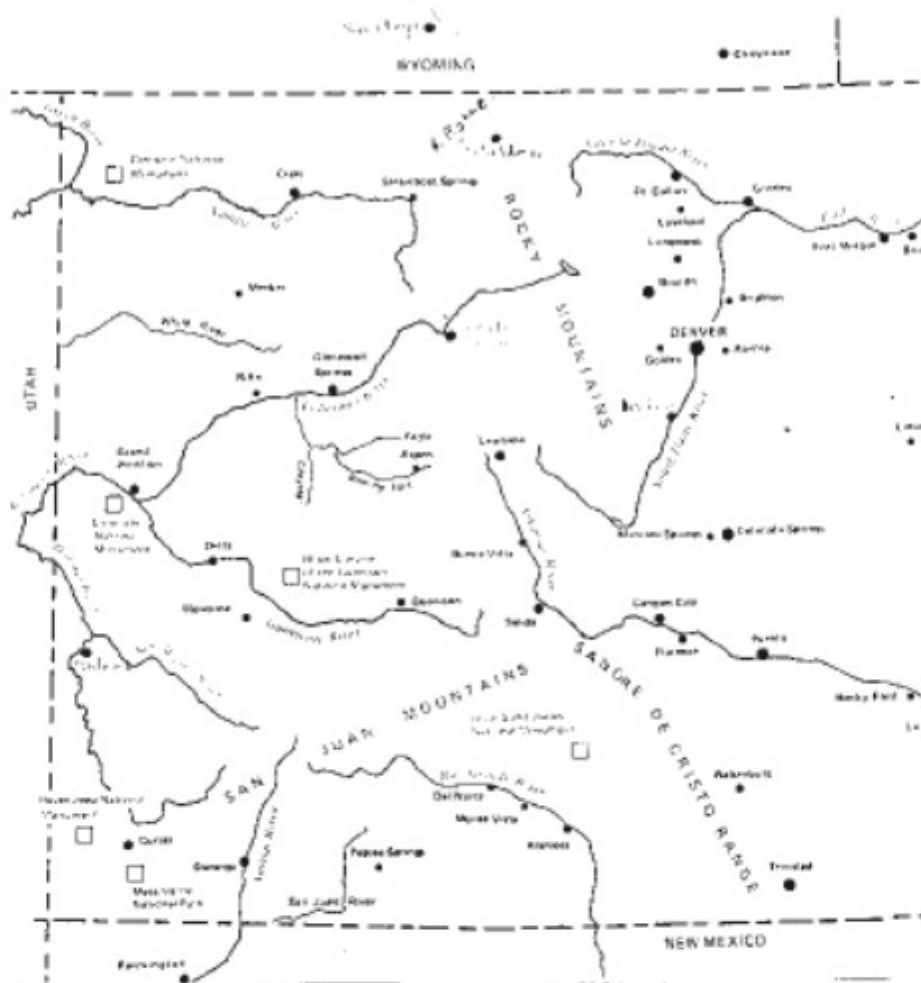
While space is not so critical in canoe-camping, weight is still an important factor. A heavily loaded canoe is less safe, harder to paddle and a nightmare to carry for any distance. Thus lightweight back-packing equipment is generally preferred. The exception is in the choice of food. If you are making long portages on an extended trip use freeze-dried products. For river camping, however, fresh water must be carried in the boat and may be in bottles or in the food. You can think of canned fruits and vegetables as a supplement to your fresh water supply. Use your own camping experience and consider this recommended list of gear.

- Life jackets
- Extra paddle
- Bailing bucket
- Sponge - a large one to help keep the floor dry
- Gloves - to prevent blisters, especially with new wooden paddles
- Duct Tape
- 50 feet of rope for lining, rescue, laundry, etc.
- Additional line for securing the equipment in the boat
- Waterproof containers - ammo boxes work well for cameras; all else can go in plastic garbage bags in a pack or duffle bag.
- Sun glasses
- Suntan lotion
- Hat
- Walking shoes or boots
- Insect repellent - I like Cutter's
- Salt - tablets or in food
- Water - 3 gals. per person on the Green River
- Food for 5 days on the Green
- Flashlight
- Stove, matches, fuel
- Clothing for 50 to 95 degree weather and rain
- Tent and sleeping bags
- Portable toilet or trowel and biodegradable toilet tissue



Meet at the boat ramp near the green river state park at 7:30 AM Sunday to start the car shuttle. We should be on the water by noon.

Trip Descriptions and Reports



There are several scales used to rate the relative difficulty of rapids on a river. The International Scale is a 6-point one, but a 10-point scale has risen in popularity, particularly with commercial boatmen (Les Jones' maps of Heber City, Utah). The Canoe Club rates whole trips in three categories: Easy, Intermediate, and Advanced. Members often choose to learn the ratings of individual rapids on either the 6 or 10-point scale to give them more specific and precise information on what they will encounter on the river.

Easy trips are characterized by flat water with only a few riffles. Intermediate trips include almost all overnight trips (because of the logistics and weight problem of carrying extra gear), waves in rapids to about 18 inches, wide passages, gentle eddies, frequent rescue spots, some maneuvering required (somewhat more on low water trips), and generally a road alongside the river.

Advanced trips involve waves to 3 feet, strong but not boiling eddies, obstructions requiring attention and skillful maneuvering, rapids generally longer in length, fewer rescue spots, and possibly no road nearby. The rapids on Advanced trips are usually well-known and carry unique names. Because of the potential hazard, especially in higher class rapids, and because water levels alter such ratings significantly, scouting is recommended. Memories are enhanced upon another look, and this gives all boaters a chance to plan their own route.

The trip descriptions that follow are sketchy at best. It is hoped that RMCC boaters with better memories than I have will correct and/or add to the descriptions. Hopefully, new rivers or new sections of old rivers will be added. Please feel free to call or write me with your comments.

Tom Waymire

