

The Voyageur's Companion

January 1990

FROM THE PREZ by Ken Ramsay

Hopefully, everyone has recovered from the holidays or at least on the road to recovery! First item to cover is the club's thanks to the Clower family for hosting the last meeting. We had a pretty good turn out with both old and new faces. It was encouraging to see the members; one traveling from Fort Collins. I've noticed at our meetings, there is a lot of talent out there waiting to be used. I'm not talking about paddling skills only, but other areas of expertise. Perhaps we should note those areas of talent by having a talent data listing for those who wouldn't mind sharing their skills and time if the need ever comes up. A few areas that come to mind are photography, printing, public relations, computer skills, legal, historical or geological knowledge, medical skills, general leadership, graphics, sales, etc. There may be a time we could use these skills and knowledge, and it would be nice to identify who could help us and from whom we might learn. Any response or feedback?

The November 1989 newsletter had addresses on where to write regarding Two Forks and also had a deadline date.

That deadline was imposed by the government. I think that if you are interested that the EPA would love to hear from you! Opinions and feelings do not disappear by a certain date and "Squeak a little" if you feel like it and mail a postcard to the EPA, Denver Water Board, newspapers, etc.

HURRY AND GET YOUR DUES AND WAIVERS IN TO: Rocky Mountain Canoe Club, Ave, Aurora, CO 80014. (1990 dues are \$10 per family.) We want to have an updated roster available BEFORE the canoeing season for everyone!

Don't forget this is the time to apply for river permits. Contact Gregg Bachman, Jerry Clower or me if you need addresses, information, etc. We are starting to get all sorts of trips lined up and are still looking for persons willing to coordinate specific trips. If you know how to answer the phone and herd geese, you have the qualifications to lead a trip. The club will help you on the other 10%. The more trips we can arrange, the more variety we can offer.

See you all on February 9th for the film festival which is being arranged by Jeannie.

Remember, Open Side Up!

FILM FESTIVAL

DATE: FRIDAY, FEB. 9, 1990
TIME: 7:00 P.M.
PLACE: GLENDALE COMMUNITY CENTER

999 S. CLERMONT ST.
(Entrance is on the NW corner of S. Cherry & Tennessee.)

ORGANIZER: JEANNIE YOUNGHAUS.
[]

Come for a couple of hours of films and videos to fuel your dreams of living a summer of life on the "twist of a paddle". Jeannie is lining up a captivating display of river magic. For further information, call Jeannie at []
[]

SPRING MEETING

DATE: FRIDAY, MARCH 30, 1990
TIME: 7:00 P.M.
PLACE: GLENDALE COMMUNITY CENTER
999 S. CLERMONT ST.

ORGANIZER: KEN RAMSAY.
[]

Contact Ken at [] if you are interested helping in brain, brawn or sweet treats. We will hopefully have a rough outline of the trip schedule available, especially for April. Besides some more video attractions, this is your chance to offer more input for the 1990 season, see ole canoeing buddies, meet new

members, set a date for the fall meeting, share tales and swap stories. See you there!

TRIP SCHEDULING MEETING

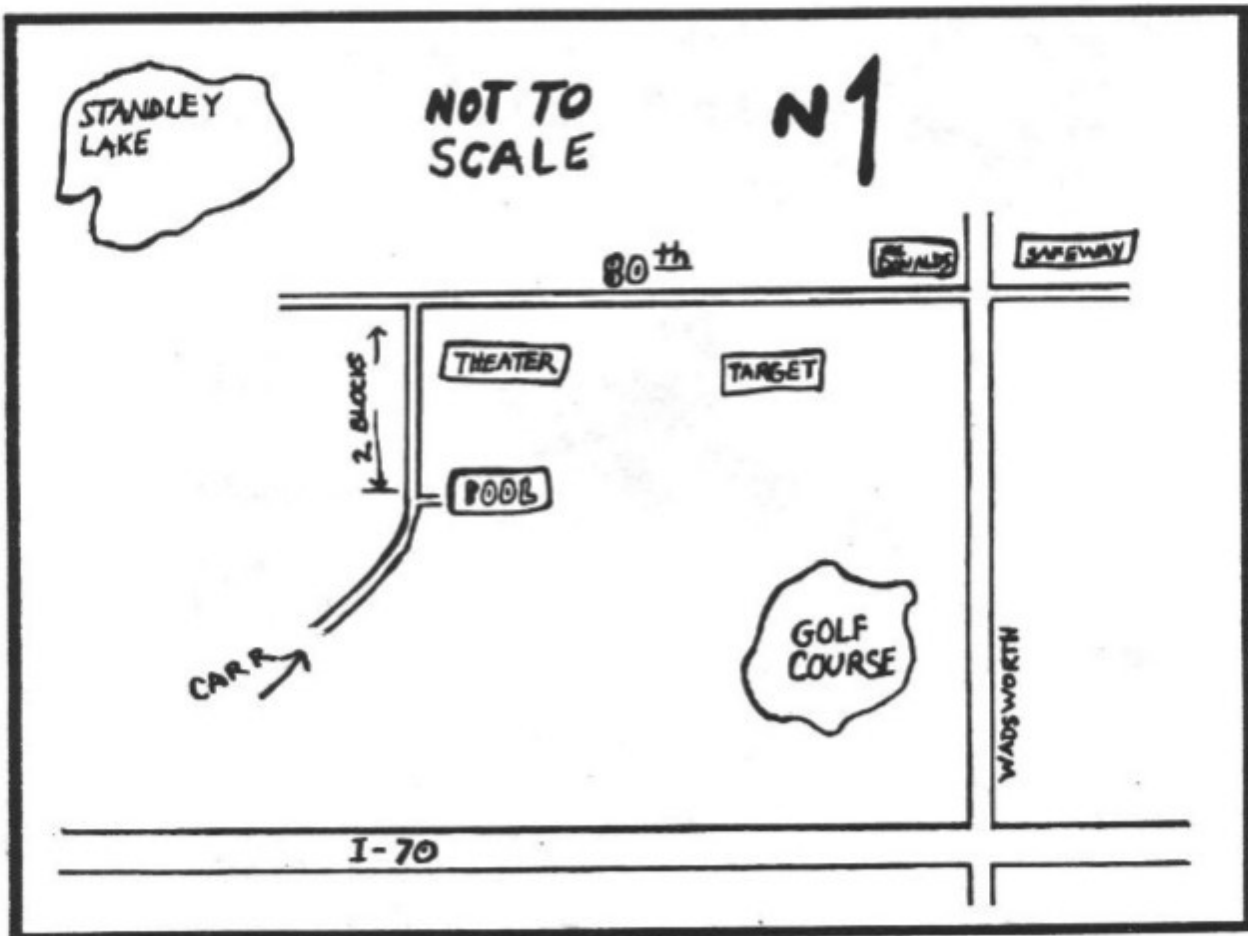
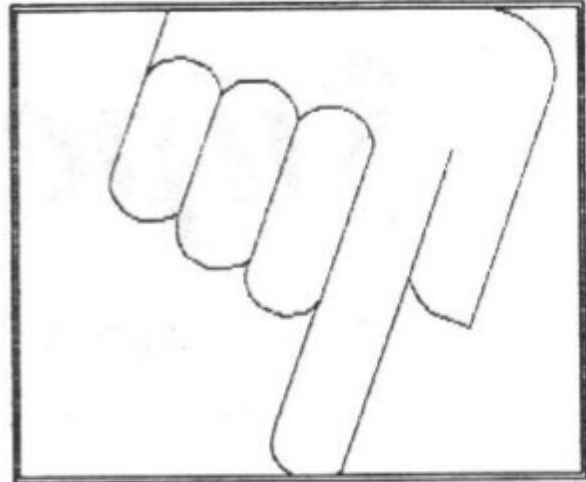
DATE: FRIDAY, MARCH 16, 1990
TIME: 7:00 P.M.
PLACE: GREGG BACHMAN'S HOUSE
[]

Anyone and everyone wanting to coordinate trips, suggest trips, or find out what trips are shaping up for this summer come to this meeting! If you cannot make it, call Gregg [] or Jerry Clower [] with your suggestions. This is your club. This is your opportunity for input! The schedule we present is only as good as your interest dictates. You need not be committed to coordinating a trip to attend this meeting. Ya all come!

We are planning to have another trip scheduling meeting Wednesday, June 13th, at Jerry Clower's house to revise the schedule when we will have a better idea of what the water level situation is like and present the revised schedule in the following newsletter.

POOL SESSIONS

Jerry Clower has located a pool for roll sessions or stroke practice for the month of February. We may use 1/3 of the John Whitmore Meyers Pool (see map below) on Sundays from 6-8 p.m. for \$2.25 per person. We must let them know in advance if we intend to use the pool. Please contact Jerry, if you are interested or for further information.



Preseason
Super Sale

Dates: March 24+25 (Sat. + Sun.)
Time: 10:00 AM to 5:00 PM



*Boulder
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Center*

Its time! Get ready
for the 1990 season
with great savings!



Call
444
8420

2510 N. 47th St.
Boulder, CO 80301

ROCKY MOUNTAIN CANOE CLUB

There are lots of possible canoe trips in Colorado and adjacent states. The following list presents a few. The class rating is relative to water flows and weather conditions. Assume medium flow and a nice sunny day! * Denotes sections that require a permit.

WATERSHED	RIVER	SECTION	CLASS
S. Platte	S. Platte	Deckers to Confluence	2
		Chatfield to Bowles	1-2
		Brighton to Ft. Lupton	1+
		Platteville to Greeley	1
	St. Vrain Poudre	Powerplant	1
		Rustic area	4
		Bridges	3+
	N. Fork	Lower	2
		Foxton to Confluence	3+
	N. Platte	N. Platte	Northgate Canyon
Six Mile Gap			2
Bennett Peak to Saratoga			1
Saratoga to I 80			1
Glendo to Guernsey			1
Green	Green	Dam to Browns Park	2
		Browns Park to Gates of Ladore	1
		* Gates of Ladore	4
		* Desolation & Greys Canyons	4
		Labrynth Canyon	1
	Yampa	Craig to Juniper Hot Springs	1
		* Dinosaur	4
	White	Meeker	2
		Meeker to Rangely	1
	Colorado	Colorado	Pumphouse to State Bridge
State Bridge to Catamont			2
Catamont to Twin Bridge			2-3
Twin Bridge to Sweetwater			2
Sweetwater to Dotsero			2
Dotsero to Hanging Lake			1
Grizzley to New Castle			2-3
Newcastle to Rifle			1
Rifle to Debuque			1
Debuque Canyon			1
Loma to Westwater			1
* Westwater Canyon			4+
Dewey Bridge to Moab			2

ROCKY MOUNTAIN WATERSHED	CANOE CLUB RIVER	SECTION	CLASS
Colorado	Blue	Silverthorne to Campsite	1-2
		Campsite to Bridge	4
		Bridge to Green Mountain Res.	2
		Dam to Bridge	2-3
	Eagle	Avon to Wolcott	4
		Wolcott to Eagle	3
		Eagle to Colorado River	4
	Roaring Fork	Carbondale to Colorado River	2-3
		Woody Creek Section	3
	Gunnison	Almont to Blue Mesa	2
		Gorge	4
		Delta to Whitewater	1
	Dolores	Dove Creek to Slick Rock	4
		Slickrock to Bedrock	3
		Bedrock to Gateway	2
		Gateway to Dewey Bridge	3
	San Miguel	Naturita	2
	San Juan	Above reservoir	3
		Montezuma to Bluff	1
		* Bluff to Clay Hills Crossing	2-3
Rio Grande	Rio Grande	Creede to Wagon Wheel	2?
		Wagon Wheel to Bridge	1
		Bridge to Lee Trail	2
		Other in NM and Texas	1-2 and 5
	S. Fork	Wagon Wheel	2?
	Chama	El Vado Dam to Abiqueue	2
Arkansas	Arkansas	One thru Six	4
		Buena Vista	2
		Johnston's Corner to Ruby Mtn.	2
		Browns Canyon	3+
		Salida area	2
		Salida to BLM Campsite	3
		Campsite to Howard	2-3
		Howard to Texas Creek	3
Texas Creek to 5 Points	3		
Florence to Pueblo	1		

And there certainly are others.....

Niobrara in Nebraska; Animas and Conejos in Colorado;
 Yellowstone in Wyoming; Smith, Tongue, Stillwater, and Sun
 rivers all in Montana; *Salmon in Idaho; Elk River in
 Tennessee (see Don and Lou Ann Townsend, Elk River Canoe Rentals,
 Rt 2 Box 77, Flintville, TN 37335) to mention a few!

Please list all children who intend, or area about, to engage in canoeing activities organized by the ROCKY MOUNTAIN CANOE CLUB:

As the parent(s) or guardian(s) of the aforesaid minor(s), I (we) have the foregoing Waiver/Release and approve of my/our child's/children's or ward(s)'s participation in the activities. I am/we are aware that the intendent risks, hazards, potential for injuries, loss or death stated in the Waiver/Release may well be greater for a minor's participation but I/we assume these risks as parent(s) or guardian(s) of the above named and herewith forever release, remise and discharge the ROCKY MOUNTAIN CANOE CLUB as specified in the foregoing Waiver/Release.

DATE: _____

ROCKY MOUNTAIN CANOE CLUB MEMBERSHIP FORM

1990 SEASON

PLEASE, TYPE OR PRINT

NAME _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME PHONE _____ **WORK PHONE** _____

SOLO PADDLER _____ **TANDEM** _____ **LOOKING FOR PARTNER** _____

Please fill in all the blanks.

Read and sign the waiver, The waiver is a LEGAL INSTRUMENT. If you do not understand it, consult your attorney.

Dues are \$10 per household per year payable to the ROCKY MOUNTAIN CANOE CLUB. Mail completed Waiver/Membership form together with your check or money order to:

**ROCKY MOUNTAIN CANOE CLUB
C/O PAULINE EDWARDS**

AURORA CO 80014

ROCKY MOUNTAIN CANOE CLUB

KNOW ALL MEN BY THESE PRESENT:

WHEREAS, I (we), _____, intend, or am about, to engage in canoeing activities upon rivers, lakes, and/or other waterways, which activities have been organized by the ROCKY MOUNTAIN CANOE CLUB of Denver, Colorado; and

WHEREAS, I (we) am doing so entirely upon my (our) own initiative, risk, and responsibility, and am duly aware that risks and hazards are, or may be, inherent in such canoeing activities; and

WHEREAS, I (we) elect voluntarily to engage in such activities having only limited knowledge of conditions and understanding that conditions may be more hazardous and dangerous than I (we) presently believe; I (we) further understand and expect that my (our) conduct during such activities shall be dictated by my (our) own decisions as to if and how to deal with any particular stretch of river, lake or other waterway; and

WHEREAS, I (we) understand that the ROCKY MOUNTAIN CANOE CLUB, its officers, directors, and trip leaders in particular and its members in general organize such activities solely for the pleasure and enjoyment of the participants; and

WHEREAS, I (we) and (are) supplying for my (our) own use such first aid, safety and medical supplies as I (we) deem necessary and I am (we are) not relying upon the ROCKY MOUNTAIN CANOE CLUB and its officers, directors, members or leaders for such items; and

WHEREAS, I (we) recognize that neither the ROCKY MOUNTAIN CANOE CLUB, nor its several officers, directors, members and leaders are responsible for my (our) participation in any particular activity nor for the participation of other people and that in no event is the Club or its officers, directors, members or leaders responsible for my (our) conduct or the conduct of others sharing such participation; and

WHEREAS, my (our) participation is in no way based upon any representations made by any members, officers, director or leader as to the difficulty, danger or hazard of such activities, but rather because of my (our) independent desire to participate in such activities with other people with similar interests;

NOW, THEREFORE, I (we) do hereby, for myself (ourselves), my (our) heirs, executors, assigns, and administrators, release, and forever discharge the ROCKY MOUNTAIN CANOE CLUB of Denver, Colorado, and all of its offices, directors, agents, leaders, and members individually and collectively, from any and all claims, demands, actions or causes of actions now or hereafter arising on account of my (our) death or on account of any injury to me (us) or damage to my (our) property, or on account of the injury or death suffered by any other person which may occur from any cause while I (we), or any other person, may be engaged in activities of the ROCKY MOUNTAIN CANOE CLUB, including therein all ground and transportation operations incident thereto unless such death, injury, or harm results from gross negligence or willful misconduct.

This Waiver/Release shall be binding in all its terms for all activities of the ROCKY MOUNTAIN CANOE CLUB.

I (WE) HEREBY CERTIFY that I (we) have read the foregoing Waiver/Release, understand it in all its terms and conditions and sign it voluntary and intelligently, this _____ day of _____, 19 ____.

(over)

1990 ACA CANOEING INSTRUCTION
by Pete Petersen

Instruction programs are the backbone of most canoe clubs. With this in mind, I have developed a series of canoeing clinics to allow participants to develop their skills at a relaxed pace. By offering clinics at three different levels over a period of three months, I hope to allow participants an opportunity to enter at a level compatible with their ability and experience and to provide time to develop the skills learned

before the next segment.

The clinics will closely follow the American Canoe Association recommended outline. Each with 8 hours participation time. ACA Certification will be available to participants who begin with the flatwater course. Persons wishing to bypass a segment must satisfy the instructor as to their ability/experience.

The following is a breakdown of the program as it now stands:

<u>CLINIC</u>	<u>DATES</u>	<u>REG. FEE</u>	<u>STUDENT/INST. RATIO</u>
Flatwater	April 7, 8	\$10 each	10 - 1
Moving water	April 21, 22	\$20 each	5 - 1
Whitewater Tandem	May 12-13	\$30 each	4 - 1
	June 9-10	\$30 each	4 - 1
Solo	May 19-20	\$30 each	4 - 1
	June 23-24	\$30 each	4 - 1

Early dates may be changed due to weather conditions.

ACA CANOE INSTRUCTION

<u>CLINIC</u>	<u>DATE</u>	<u>CLINIC</u>	<u>DATE</u>
FLATWATER	<input type="checkbox"/> APRIL 7	WHITEWATER TANDEM	<input type="checkbox"/> MAY 12-13
	<input type="checkbox"/> APRIL 8		<input type="checkbox"/> JUNE 9-10
MOVING WATER	<input type="checkbox"/> APRIL 21	WHITEWATER SOLO	<input type="checkbox"/> MAY 19-20
	<input type="checkbox"/> APRIL 22		<input type="checkbox"/> JUNE 23-24

NAME _____

ADDRESS _____

CITY _____ ZIP _____

PHONE (H) _____ (W) _____

RETURN WITH YOUR CHECK MADE OUT TO: PETE PETERSEN

ROYALEX_{TM} = DEADLY CANOES?

Dr. Willi Nunez, Chief Statistical Analyst at the Bolivian National Institute of Health, revealed last month that ongoing experiments conducted at a major university have conclusively proven that ABS (Royalex_{TM}) canoes are deadly.

It has not yet been ascertained whether the deaths of over 3000 laboratory mice were caused by the ABS itself, the vinyl protective covering or an interaction between the two materials. Scientists are planning to peel the Royalex layers apart and test the component layer separately in their next series of experiments.

The tests conducted to date, spanning a four year period, involving genetically pure mice, have resulted in a 100% death rate. The tests have utilized blank hulls (rails, seats, thwarts removed) from Old Town, Mad River, Mohawk, and Blue Hole. As expected, Uniroyal, manufacturer of Royalex_{TM}, as well as many canoe manufacturers using that material are disputing the tests that resulted in a 100% death rate, claiming the experiment was faulty.

The experiments involved flash freezing the hulls and grinding the hardened material into a fine powder. This powder was then force fed to the mice. In every instance, the mice exploded after being fed

less than 60 pounds of the material, which is average for a 16 foot canoe hull.

Opponents have objected, claiming that, based on these experiments, a human would have to eat almost 400 canoes in one sitting to achieve similar effects. An industry spokesman noted that it is rare for a canoeist to eat more than one boat in a single sitting.

(Out of CONFLUENCE, from THE PADDLER newsletter, Rhode Island Canoe Assn., Inc.)

Canoeists may not eat many canoes, but rivers do. So are we unwittingly killing our rivers?



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20 Canoes Pre-Season Priced at 20%
off through March 15, 1990. A deposit
of \$250 holds the canoe until April 1.
See our exhibit at Denver's Sport Boat
and Travel Show, March 21-25, 1990.

BOATER'S RIGHTS:

Here it is, what you've all been waiting for but were afraid to ask. Thanks to Dave Rogers who stopped down at the local Colorado State Parks office in Ft. Collins to ask

about places where he could paddle his canoe and what were his legal rights concerning private land. They gave him a copy of the Colorado Attorney General's opinion which he sent to me for the newsletter. So here it is, the official poop:

COLORADO DIVISION OF PARKS AND OUTDOOR RECREATION
POSITION STATEMENT:

FLOATERS AND BOATERS ON PRIVATE PROPERTY

A Colorado Supreme Court decision, dated July 2, 1979 and commonly known as the Emmert decision (People v. Emmert, 198 Colo. 137, 597 P.2d 1025) upheld a criminal trespass conviction for a July 3, 1976 incident where a rafting party floated through privately-owned property on one of the State's rivers. While this decision appeared to set a legal precedent, its effect has since been challenged by the Colorado State Legislature. In June 1983, the Colorado Department of Natural Resources requested the Attorney General to review these matters and render a legal opinion.

Colorado's criminal trespass statutes prohibit anyone from unlawfully entering or remaining upon "premises". Yet State statutes did not define exactly what the term "premises" meant at the time the 1976 incident occurred. So, in 1977, the legislature added a clarifying definition to the State's criminal code that includes real property, improvements, and stream banks and beds, but it includes neither waters nor airspace (Section 18-4-504.5, C.R.S., as amended). This provision does not authorize either law enforcement officials or the adjoining landowners to prohibit or otherwise control river floating use. Colorado's Attorney General noted that the legislature's intent was "to protect private property owners from trespass to the banks and beds of streams while insuring that the public's use of the waters of those streams for floating would not come within the criminal code's prohibitions."

Until a court of law holds otherwise, it is the opinion of the Colorado Attorney General that Colorado's criminal trespass statutes do not apply to use of the water's surface. In a carefully worded statement on August 31, 1983, the Attorney General summarized the effect of this legislation: "In conclusion, it is my opinion that one who floats upon the waters of a river or stream over or through private property, without touching the stream banks or beds, does not commit a criminal trespass . . ." This appears to allow public recreational access on the State's rivers that lie adjacent to private property, provided that no contact is made with either the river bottom or shoreline. As before, the only place one can get on or off these rivers is where public lands and public roads provide legal access for put-in and take-out, or where permission has been obtained from the appropriate private landowner.

TIDBITS:

Tidbits is a column devoted to exchanging bits of information, humor, recognition, antidotes, recipes, restaurants, or anything that comes to mind. Reawake your thought and creativity and get those tidbits to the editor.

EATS. Can anyone suggest a few places between here and there to stop, refresh, and catch a bite? Big Macs and Dairy Queens are fine for real quickies, but what I am looking for is the classic cafe like the late Ted's Place.

Two of my favorites are the Turn Table in Minturn and the Sunshine in Silverthorn. The Turn Table is just off I-70 in downtown Minturn. Cross the river from U.S. 24 and you are at the place. This cafe features home cooking and local conversation at a fair price. This is not your basic Vail hangout. An H-O gauge train that chugs around the dining room is worth a cup of coffee.

The Sunshine is a bit more difficult to find. It is tucked away in the City Market shopping center towards Keystone at the Silverthorn exit on I-70 at Dillon Lake. It is located behind McDonalds adjacent to the Dairy Queen. The Sunshine has great breakfasts. The chicken livers lovers (but not for breakfast) is my favorite since my spouse has banned every sort of liver from our abode. - B. Aikin

BOY SCOUTS. The Boy Scouts of America introduced the Whitewater Merit Badge this year. The merit badge is an extension of the current flat-water merit badge. Parents with scout aged kids may want to explore this new activity. - B. Aikin

WHITewater SOURCE BOOK: This book has phone numbers, addresses, seasons, permit information, maps, names of reference sources, pictures, etc. \$12.95 from Cascade Outfitters 1-800-223-7238. - K. Ramsay

ADHESIVE-PC-7: This stuff seems to work! It is available from Ace Hardware and works on wood, steel, glass and plastic. It's a two part mixture, grey colored, no drip, can be drilled, sanded, etc. The best part is it's non-toxic. I've used it for tie-downs, and it seems to hold up. Probably "flexibility" is the poorest application but I haven't had any problems yet. - K. Ramsay

ROLL ME OVER: Open Canoe Rolling Class 101 taught by Ken Ramsay. Results guaranteed in five easy minutes. No prior canoeing experience necessary.

Open Canoe Rolling Class 201. See Pete Petersen. He will teach you how to roll it back up from rolling it over in class 101. Prior canoeing experience needed. - K. Ramsay

RED CROSS CANOE INSTRUCTION

DATES: APRIL 28 - 29, 1990
MAY 5 - 6, 1990

ORGANIZER: JUDY MOISEY

Judy Moisey will be conducting Red Cross Fundamentals of Canoeing, Canoeing Aide, and Canoeing Instructor's Classes which will be open to RMCC members. The courses will run concurrently the last weekend of April and the first weekend of May, 1990. All instructors are Red Cross Certified.

Students must attend all sessions of the class selected and will receive Red Cross Certification upon successful completion. Topics covered include safety and rescue techniques, basic paddling skills and canoe handling (all on flat water).

Contact Judy at for further information.

PREREQUISITES:

FUNDAMENTALS OF CANOEING:
14 years old or older.
Cost: \$17.00 per person.

CANOEING AIDE:
14 years old or older.
Fundamentals of Canoeing or permission of instructor.
Cost: \$5.50 per person.

CANOEING INSTRUCTOR'S:
17 years old or older.
Fundamentals of Canoeing or equivalent.
Red Cross Introduction to Health & Safety Education Course.
Cost: \$5.50 per person.

Participant fees cover Red Cross books, certificates, and other instruction material expenses. In addition, there will be a \$1.50 per person admission fee to Foothill's Pool for the water test (date to be announced), and entrance fee to Soda Lakes where the courses will be held.

SPACE IS LIMITED, SO PLEASE REGISTER EARLY!

RED CROSS CANOE INSTRUCTION
APRIL 28-29 & MAY 5-6, 1990

<u>CLASS</u>	<u>FEE PER PERSON</u>
[] FUNDAMENTALS OF CANOEING	\$17.00
[] CANOEING AIDE	\$ 5.50
[] CANOEING INSTRUCTOR'S	\$ 5.50

NAME _____

ADDRESS _____

CITY _____ ZIP _____

PHONE (H) _____ (W) _____

RETURN WITH YOUR CHECK MADE OUT TO: JUDY MOISEY

ASK WALLY by Wally Booth

Performing first aid usually brings you into contact with icky bodily fluids, gross-looking, fleshy tissues, and other disgusting stuff. I therefore recommend avoiding it if at all possible. While you should always be prepared for any type of accident, this issue of ASK WALLY will only address the more common medical emergencies associated with canoeing.

Hypothermia is a medical condition in which the body temperature is lowered to that of a salmon. Typically

occurring after a swim in cold water, its symptoms include uncontrollable shivering, numbness in the extremities, and slurred speech. For those of us who regularly drink to excess, these symptoms seem quite common.

The treatment for this emergency involves removing the victim's clothes and getting naked with them in a sleeping bag. I have attempted this with a number of women, and I frequently find that I must remind myself that the hypothermic patient will often deny symptoms and resist treatment.

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