



The Voyageur's Companion

NEWSLETTER OF THE ROCKY MOUNTAIN CANOE CLUB

May-June 2000

Volume 2 Issue 3

TRIPS ROSTER UPCOMING EVENTS

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Special points

to ponder:

- Go to Web site, rockymountaincanoeclub.org to sign up to lead a trip.
- River Etiquette page 2
- New Webmaster see page 4
- Colorado River Alliance, political interaction, get involved page 11
- Come to the Rendezvous in July (map to Radium on back page)

In partnership.....



Annual Rendezvous, July 22-23 Potluck, Dutch Oven Cookoff

By Jim Holloway

Date and Location for Rendezvous, Pot Luck, and Dutch Oven Cook-Off

ATTENTION: The date of our biggest social event of the year, i.e., the RMCC River Rendezvous, is Saturday and Sunday, July 22-23. We're going back to Radium [see map on back page]. Early birds who show up by 4:00 p.m., on Friday afternoon, July 21, might consider banding together for a quick trip from Pumphouse, or if that doesn't work, we can get a jump on drinking beer and telling lies. Scratching will also be allowed this year.

We'll be at the BLM's "group" camp site [look for our big can-

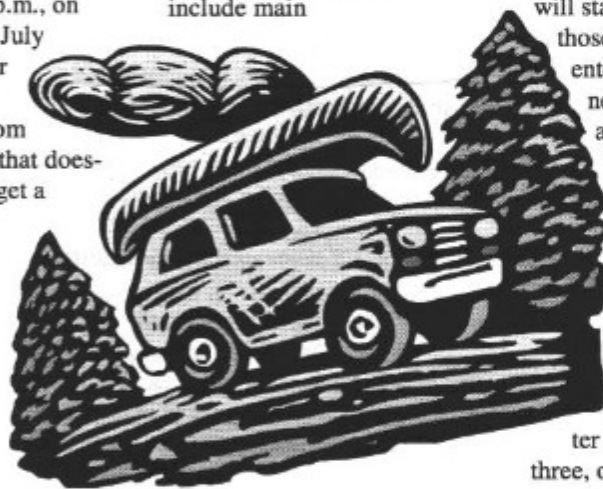
opy], and there will be a modest fee to pay: \$3 per car per night, plus \$1 per person per night. A bargain. Be prepared to fork over the moolah to Ron Schmidt, our esteemed Veeep.

Saturday will feature a *pot-luck dinner* [don't forget the appetizers] and another of our now-famous *Dutch oven cook-offs*. Traditional Dutch oven categories will include main

courses, breads, and desserts. We may even have prizes beyond mere acclaim for the winning Dutch oven cookers. Like last year, we'll draw names for three adults to judge entrees and breads; and we'll draw the names of three kids to judge the desserts. Everyone gets to vote for the People's Choice Award. Contestants should declare themselves to Ron Schmidt. Judging will start at 7:00 p.m., so those of you who want to enter the cook-off will need to plan your day accordingly. Those of us who eschew the Dutch oven route will supplement the fare with pot luck items.

Dinner on Saturday will be preceded day one of the Whitewater Class and by two, three, or more organized

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Load up your canoe and come to the Rendezvous

What's "Quietwater Finesse Paddling" anyway?

by Bob and Jill Stecker

Several people have asked what our course on *Quietwater Finesse Paddling* for solo canoes is all about (June 7-8, from 5 till 8:30 PM).

Well, in brief, this course emphasizes subtle and precise boat control by introducing some new and challenging drill techniques. And, we hasten to add that these techniques are applicable to whitewater canoeing as well as to recreational flatwater canoeing, and that paddlers of all skill

levels can participate in this course, and benefit.

Consider your whitewater canoe: Did you ever notice how difficult it is to get it to go straight? Or, how to make it sideslip without yawing? Or how to control that offside stroke as the boat glides through

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social floats: one from Pumphouse [Class 2]; another, perhaps, from Radium to Rancho del Rio [Class 2+]; a Class 1, flat, no rapids run from below McCoy to Catamount Bridge; and other trips, maybe, to be determined. For instance, folks who like to drive farther might head for the run below Catamount Bridge to Burns or for Sweetwater to Dotsero; and depending on water level, playboaters might run the Blue below the Green Mountain Dam or spend the day between Yarmony Bridge and State Bridge. At press time, we were still looking for leaders, so check the web site for updates. When you arrive at Radium, look for the white board under the canopy for the latest on trips for Saturday. Most caravans, *we hope*, will leave Radium no later than 10:00 a.m., so arrive accordingly, and be back at Radium by 4:30-5:00 p.m.

On Sunday, we'll try to start the day around 8:00 a.m., with a communal pancake breakfast [so bring mixes, syrups, and griddles]. Thereafter, those of us who are still able to stand will report for day two of class or form a flotilla to cruise the scenic and historic run from Yarmony Bridge to McCoy [Class 2], led yet again, *we hope*, by the intrepid Mike McCaw.

To save the club's treasury, I ask each of you to bring all the beer and pop you might possibly need. Be prepared to share with me and with others who miscalculate. Bring guitars, harmonicas, and other makers of music; bring lyrics and poems. And don't forget: bring lots of ice.

River Runners' Etiquette and Responsibilities

As I mentioned at the April meeting, the club has sent representatives (Doug Ellis and me) to meetings at the Dept. of Natural Resources. We met several times with a diverse group of interested folks to discuss whether there was a way for boaters and the owners of land along our rivers to peaceably co-exist. We came up with a first step: the group (led by representatives of commercial rafting companies) developed a list of guidelines for use by all boaters. The hope is that our compliance with the guidelines will defuse foreseeable conflicts. Further, our compliance might show landowners that fierce resistance in the future to our desire to portage around obstacles is unnecessary ('cause we've proven ourselves to be decent, well-mannered people, who don't deserve to drown). Behold the guidelines below: (Please abide by them!)

Know before you go...

- Read the river guidebooks, agency publications and topographical maps before running an unfamiliar section of river. Ask experienced friends, outfitter employees, agency rangers and local law enforcement agencies about unfamiliar runs before you go.
- Know the boundaries of the public lands, managed by federal, state and local agencies, and understand that not all publicly owned lands have unlimited access – check with the managing agency for any restrictions.
- Respect Private Property. River Runners should know which lands are privately owned.
- Commercial river guides must understand that criminal trespass subjects the responsible outfitter to the loss of their Colorado River Outfitting License.

Respect Others

- Respect other river runners' and private owners' space, privacy and solitude while on the river, in camp, on hikes and at boat ramps.
- Group your boats and equipment, leaving room for others at put-ins, take-outs and attraction sites. Expect another party to arrive.
- Please be particularly considerate of fisherman, respect their need for space and quiet. River runners, regardless of how careful, can ruin a fishing experience, particularly on small to moderately sized rivers. Try to group when passing a fisherman, avoid splashing paddles and oars and avoid their eddy or general quadrant of the river.
- Avoid lunches at attraction sites or at least move off to the side of the trailhead or boat ramp.
- Yield on the river where appropriate. If other parties are going faster, allow their boats to pass. If you are going faster than the party in front of you, be sure your boats are grouped together before passing. Avoid extensive, unnecessary contacts with other parties while floating.
- Abstain from water fights with other parties.
- Radios, tapes and CD's should be turned

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“Dinner on Saturday will be preceded day one of the Whitewater Class and by two, three, or more organized social floats: one from Pumphouse [Class 2]; another,

(Continued from page 2)

off within earshot of other river parties and landowners. Using headsets is appropriate in sections of river that have extensive contact with others.

- Noise and loud partying is inconsiderate within earshot of another group.
- Always be discrete when changing, nudity is inappropriate in a public setting.
- Explosives, firearms and fireworks ruin the solitude of a river trip and present a safety hazard.
- When encountering other parties on the same schedule communicate regarding planned lunch, attraction and camp stops.
- If your party is small consider smaller camps, leaving larger, more impacted camps for large groups when the canyon is busy.

Resource Protection

- River runners must agree that Colorado River corridors contain extraordinary archaeological, scenic and biological values. River runners tread lightly when traveling Colorado rivers and endeavor to "leave no trace" of their river journey.
- All garbage is hauled out. All food scraps are removed to avoid skunks, flies, ants, mice and other pests from congregating. Cigarette butts, twist ties, strings off fabrics, dental floss, candy wrappers and other small traces are to be meticulously disposed of.
- Liquid waste such as leftover beer, pop, juices, coffee and so on must be deposited in the river current.
- Solids from dishwater, soups, coffee and so on should be strained and hauled out. Grease from cooking should be hauled out.
- All campfires should be contained in a fire pan. When practical, fires should be built near the river, away from vegetation. The use of driftwood, charcoal and wood brought from home is appropriate; the use of standing timber is unacceptable. When breaking camp there should

be no trace of the fire, all charcoal is hauled out, excess firewood is scattered and unnatural wood (milled, sawed, etc.) is removed. In very arid time frames fires may be restricted or banned altogether, check with local land agencies or the county Sheriff's Department before planning a campfire on a river journey.

- River runners carry and use toilet systems. All solid human waste is removed from river corridors. There are only two places to urinate in the river canyons. One is in the river; the other is far away from any camp or tent site. Urinating in gravels and sands are best, then organic soils. Urinating on hot rocks, compacted soils and in concentrated places cause odors. Urinating in wet sand, silt or shallow water with no current, after the river has peaked and receded, causes algae to flourish.
- Tread lightly on land by using low impact hiking; stay on main trails and avoid fragile soils. Be sensitive to trampling native plants and grasses and refrain from picking wildflowers. Pets should be restrained around other groups.
- Respect for wildlife includes no feeding, harassing, killing or displacing of animals. When encountering wildlife, maintain your distance and remain quiet. Pets should be restrained around wildlife.
- Treat archeological sites with respect. They are sacred places to Native Americans. Petroglyphs and pictographs are not to be touched. Ruins should not be entered, sat on or touched. Potsherds and arrowheads are to remain in place. Report violations to authorities. Historic structures, such as cabins and other buildings should be entered with care and all tools and artifacts are to remain in place.
- Leave natural objects where they are found. Leaving fossils and petrified wood for future generations is the right thing to do.
- In some areas river runners must follow specific rules designed to protect natural and cultural resource values. Ask agency offices and visitor centers if any special rules apply to the river you plan to run.

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"All garbage is hauled out. All food scraps are removed to avoid skunks, flies, ants, mice and other pests from congregating. . ."

A POINT OF VIEW - Quietwater paddling by John Steib

from Delaware Valley ACA Division Newsletter

I and many of my friends got into Whitewater (WW) open canoe paddling because of the adventure, thrills, travel, and frankly to enhance an image among family and friends of being daring, courageous, and athletic. After a few years, those reasons diminished and I noticed the only paddlers left were those who understood WW paddling is really more a self-challenge than anything else. One does not need only daring and agility, but also discipline and technical ability. I learned that if one can't paddle technically well in WW, you pay the price and no amount of strength and daring can overcome. One has to learn good technique and be able to execute it to be a successful WW paddler.

After fairly successfully paddling some of the better known technical rivers, I began to feel pretty good about my ability. Then I was told that the real challenge in technical open canoe paddling was Quietwater (QW) freestyle. Ha! No way. How can flatwater paddling be more challenging than WW? Those QW freestyle paddlers obviously have never faced the challenge of WW. I was challenged to attend a national freestyle symposium in Manderville, LA, just a 30 min. drive from where I live. Boy, what an opportunity to show those flatwater types a thing or two. It didn't take long for me to learn that many of the freestyle instructors also were WW instructors or paddlers. Shortly into my first clinic I saw a group of paddlers who understood better than I about hull types and the many nuances of boat control. In QW freestyle, a maneuver that is not technically correct will not work, more so than in WW. It was a fascinating methodical look at hull influence and paddle technique. This was a greater challenge and I was hooked.

Years later now I'm a QW freestyle instructor. My WW paddling markedly improved and I have as much fun on flatwater as I do in WW. I can keep up my technical skills in any type of water now. The best of both worlds.

If any of you have an opportunity to watch Kent Ford's video, "Drill Time", you'll see a great demo of QW freestyle by Karen Knight and some great WW instructors urging you to learn technical paddling through flatwater technique. Believe me it's true.

The La Louisiane Freestyle Symposium is held every March in Manderville, LA, where the water is soft, the air is warm, and the cuisine is Cajun. A vie pagailler! (Let's paddle).

"Years later now I'm a QW freestyle instructor. My WW paddling markedly improved and I have as much fun on flatwater as I do in WW."

NEW WEBMASTER

Dave Allured has stepped up to the role of RMCC Webmaster while Mark Zen graciously retires due to personal health concerns. We thank you Mark for the years and time and effort you put forth in making an outstanding presence for our club on the Web.

Mark, may you continue to lead your famous day trips in which many of us Front Range day canoeists participate. See you on the water!

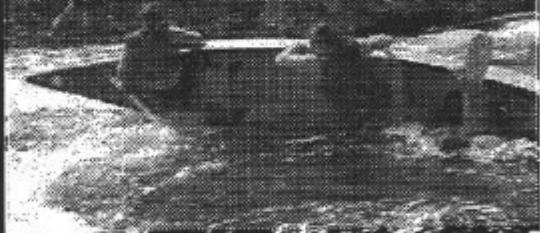
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WAIVER / RELEASE**

This waiver / release a LEGAL INSTRUMENT. If you do not understand it, consult your attorney.

WHEREAS, I (we) intend , or am about, to engage in canoeing activities upon rivers, lakes, and/or other waterways, which activities have been organized by the ROCKY MOUNTAIN CANOE CLUB (RMCC) of Denver, Colorado; and

WHEREAS, I (we) am (are) doing so entirely upon my (our) own initiative, risk, and responsibility, and am duly aware that risks and hazards are, or may be, inherent in such canoeing activities; and

WHEREAS, I (we) elect voluntarily to engage in such activities having only limited knowledge of conditions and understanding that conditions may be more hazardous and dangerous than I (we) presently believe; I (we) further understand and expect that my (our) conduct during such activities shall be dictated by my (our) own decisions as to if and how to deal with any particular stretch of river, lake or other waterway; and

WHEREAS, I (we) understand that the ROCKY MOUNTAIN CANOE CLUB, its officers, directors, and trip leaders in particular and its members in general organize such activities solely for the pleasure and enjoyment of the participants; and

WHEREAS, I (we) am (are) supplying for my (our) own use such first aid, safety and medical supplies as I (we) deem necessary and I am (we are) not relying upon the members or leaders for such items; and

WHEREAS, I (we) recognize that neither the ROCKY MOUNTAIN CANOE CLUB, nor its several officers, directors, members and leaders are responsible for my (our) participation in any particular activity nor for the participation of other people and that in no event is the Club or its officers, directors, members or leaders responsible for my (our) conduct or the conduct of others sharing such participation; and

WHEREAS, my (our) participation is in no way based upon any representations made by any members, officers, directors or leaders as to the difficulty, danger or hazard of such activities, but rather because of my (our) independent desire to participate in such activities with other people with similar interests;

NOW, THEREFORE, I (we) do hereby, for myself (ourselves), my (our) heirs, executors, assigns, and administrators, release, and forever discharge the ROCKY MOUNTAIN CANOE CLUB of Denver, Colorado, and all of its officers, directors, agents, leaders, and members individually and collectively, from any and all claims, demands, actions or causes of actions now or hereafter arising on account of my (our) death or on account of any injury to me (us) or damage to my (our) property, or on account of the injury or death suffered by any other person which may occur from any cause while I (we), or any other person, may be engaged in activities of the ROCKY MOUNTAIN CANOE CLUB, including therein all ground and transportation operations incident thereto unless such death, injury, or harm results from gross negligence or willful misconduct.

This WAIVER / RELEASE shall be binding in all its terms for all activities of the ROCKY MOUNTAIN CANOE CLUB.

I (WE) HEREBY CERTIFY that I (we) have read the foregoing WAIVER / RELEASE, understand it in all its terms and conditions and sign it voluntarily and intelligently, this ____ day of _____, 20__.

Print Name _____

Signature _____

List all children who will engage in RMCC activities: _____

As the parent(s) or guardian(s) of the aforesaid minor(s), I (we) have signed the foregoing Waiver/Release and approve of my (our) child's (children's) or ward(s)'s participation in the activities. I am (we are) aware that the attendant risks, hazards, potential for injuries, loss or death stated in the Waiver/Release may well be greater for a minor's participation, but I (we) assume these risks as parent(s) or guardian(s) of the above named and herewith forever release, remise and discharge the ROCKY MOUNTAIN CANOE CLUB as specified in the foregoing Waiver/Release.

Signature parent or guardian: _____

MEMBERSHIP APPLICATION 2000 for ROCKY MT. CANOE CLUB an ACA Paddle America Partner

Member Renewal _____

PLEASE PRINT

New Membership _____

Needs:

Preferences:

Name _____

Need a partner _____

Lakes _____

Address _____

Need a boat _____

Moving water _____

City _____ State _____ Zip _____

Need instruction _____

Whitewater _____

Home phone _____ work phone _____

Want to volunteer _____

Tripping _____

FAX _____ E-mail _____

Want to lead a trip _____


Racing _____

Dues are \$15 per household per calendar year (all memberships expire Feb 28th). Make checks payable to the ROCKY MOUNTAIN CANOE CLUB. Mail this completed Waiver/Membership form together with your check or money order to: ROCKY MOUNTAIN CANOE CLUB c/o Dave & Jeannie Ney _____ Golden, CO 80403

Questions call: _____

Your Term of Membership for newsletter issues: Memberships need to be renewed by Feb 28th of every year, however, if you join on or before August 31 '00, your last newsletter will be the February 2001 issue. If you join after August 31 '00, your last issue will be the February 2002 issue.

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B = Beginner
 N = Novice
 I = Intermediate
 A = Advanced

To lead a trip, or to inquire about additional trips, check the RMCC Web site at www.rockymountaincanoecub.org, or call the club's trip coordinators.
 B-N-I Greg Jankowski, 303-989-4833
 I-A Tuppen Burke, 303-684-0147

Date	Trip	Coordinator	phone	Skill level	Day trip or river camping	Group size limit?	Permitted trip?	Comments/email
May 22-24	Dolores, Slickrock to Bedrock	Rich Elten		I	Camp	8	No	Class II and II run, a Colorado "Classic"
May 26-29	White River	Dave Allured		N	Camp	No	No	Class I+. Saturday put-in available.
May 26-28	Colorado River, Loma to Westwater.	Carol and Bob Alkin		B	Camp	15	No	Put in Friday; camp and hike Saturday; take out Sunday and get home before the traffic.
May 27-29	Dolores River, Slickrock to Bedrock	Dennis Adams		N-I	Camp	No	Yes	Music, dancing, and stargazing. Cold water gear necessary.
May 27-29	Gunnison River; Dominguez Canyon - Escalante Canyon to Whitewater	Dick Akins		N	Camp		No	Class I+
May 28	Dolores; Bradfield Bridge to Dove Creek Pump Station	Rich Elten		I	Day	8	No	19 mile run, fast and powerful, above 2200 cfs. "Ponderosa Gorge Run"
May 29	Dolores; Stoner to town of Dolores	Rich Elten		I-A	Day	8	No	Steep gradient; rocky
Jun 7-8	QUIETWATER FINESSE Paddling class	Bob and Jill Stecker		N-A	Day	Yes		Pre-register by May 29; for solo canoes only. See Canoe Instruction Page on RMCC web site.
Jun 10-11	Canoeing BASICS class	Jim and Karen Baker-Jarvis		B-I	Day	Yes		Pre-register by May 19; see Canoe Instruction Page on RMCC web site.
Jun 16-18	North Platte, Sixmile Gap to Treasure Island	Ken Bauer and Tuppen Burke		I	Camp	Yes	No	Dependent on water level. Cold weather gear is required. This is Wyoming, after all.

Call early! Trips can fill up.

Date	Trip	Coordinator	phone	Skill level	Day trip or river camping	Group size limit?	Permitted trip?	Comments/email
June 17-18	Colorado River; TBD	Carol and Bob Alkin		N-I	Day	No	No	Come one or both days; car camp. Sections TBD depending on water level.
June 25	Boulder Creek; Eben Fine Park to Scott Carpenter Park	Bill Rivers		I	Day	No	No	Technical run, good surfing.
Jun 30- Jul 3	North Platte, 6 Mile Gap	Lyn Berry		I	Camp	12	No	Start Friday from 6 Mile; camp in canyon first night; BLM land near Bennett Peak second night. Rapids mostly on first day unless water is still high.
Jul 14	South Platte; Deckers	Carol and Bob Alkin		N-I	Day	No	No	Friday trip, call in sick, go play and avoid the weekend crowds.
Jul 22-23	Annual River Rendezvous on Colorado River; Radium group camp site	Ron Schmidt		All		No		Day trips Sat and Sun. Sat eve Dutch oven cookoffs; Sun am Pancake breakfast
Jul 22-23	Whitewater Basics class	Jeff Oxenford		N-I		Yes		Pre-register by July 10. See Canoe Instruction Page on RMCC web site
Jul 29	Arkansas River	Helen Kretzman		N-I	Day	No	No	The Kretzman's Arkansas weekend. Mellow playboating. Car camp on Saturday night.
Jul 30	Arkansas River; Parkdale or Brown's Canyon	Douglas Kretzman		I-A	Day	No	No	Kretzman weekend Part II. Playboating, more advanced.
Aug 5-10	Green River; Desolation and Gray Canyons. Sand Wash to Swasey's Rapid	Mary Parrot, Mary Stuber, Sue Coffee		I	Camp	Yes	Yes	

Call early! Trips can fill up.

Date	Trip	Coordinator	phone	Skill level	Day trip or river camping	Group size limit?	Permitted trip?	Comments/email
Aug 12	Colorado River; TBD	Carol and Bob Aikin		N-I	Day	No	No	Car camp, possible Sunday trip if enough interest.
Aug 19	S. Platte; Evans to Kersey	Mark Zen		B	Day	No	No	Suitable for beginners; flow
Aug 19-27	Boundary Waters, Minnesota	Randy Purrett		N-I	Camp	9	Yes	Moderate route; Clearwater-Turtle Loop in the Beymer Guide to the Western Region. 4 nights out, 40 miles total; 19 portages.
Aug 26 - Sep 2	Green River, Labyrinth/ Stillwater Canyons	Mary Stuber and Sue Coffee		N-I	Camp	Yes	Yes	Theme: relaxation. Shuttle fee \$110.00 per person. Ready Saturday at 8:00 am. Transport fee \$25 - \$35 per canoe.
Sep 2-4	Colorado River; Horsethief/ Ruby Canyon; Loma to Westwater	Dick Akins		B-N	Camp		No	Class I
Sep 16	Colorado River; Yarmony Bridge to McCoy	Jim Hollaway		N	Camp	No	No	Fall colors trip; car camp near Catamount Bridge or Glenwood.
Sep 17	Colorado River; Grizzly Creek to Glenwood	Jim Hollaway		N	Day	No	No	Fall colors, Part II. Soak in the free hot springs or head for the pool afterwards.
Oct 14-15	Colorado River; Dewey Bridge to Big Bend, near Moab.	Jim Hollaway		N	Camp	No	No	Late season, full moon camping. Two day trips, first from Dewey Bridge to Ida Gulch; then Ida Gulch to Big Bend.

ASK A MENTOR:

By Jeff Overford

Ask a mentor: *We often miss our eddy turns, we are we doing wrong?*

The eddy turn is one of the most complex maneuvers in canoeing. It's also one of the most important. Catching eddy's can allow you the opportunity to bail out your boat, stop before dangerous rapids, get a breath in the middle of long rapids, or just get out of your boat when nature calls. It can be very fun, challenging and even a little bit frustrating at times.

Keys to a successful eddy turn

The key to catching an eddy is how you approach it. I'd estimate that 90% of eddy turns are missed because of what's happening upstream on the approach to the eddy. We often concentrate on the strokes needed, however, perfect strokes can't correct a poor approach.

A noted instructor, Kent Ford calls this, "doing your homework." The concept is that before worrying about the turn itself, you need position your boat so that you can make the turn. The next few sections will give you your homework lesson for eddy turns. The lesson plan consists of developing your approach strategy: 1) your aim? 2) Your boat angle, 3) speed or momentum

Aiming - Where should you hit the eddy?

In moving water classes I always tell students to aim for the rock that is forming the eddy, so that they will enter right behind it. Typically 7 out of 10 end up way downstream of the rock. Of course there's always one who ends up upstream of the rock (you know who you are). What's happening here is failure to compensate for the current moving you downstream. The boat starts out aimed directly at the rock, which would on work if the river wasn't moving you downstream. Being able to judge what the currents comes with experience

The reason to catch the eddy up high is because the differential currents are typically strongest right behind the rock or other obstruction. At the bottom of the eddy (the point furthest downstream) the eddy is the weakest. One caveat, on powerful rivers the top of eddys can be quite powerful and turbulent. If your not prepared for it your turn becomes a turned over. There are also times when you are using an eddy to make a move and want to carry speed through your turn. This may cause you to go lower in an eddy. (I'll mention more about this in subsequent articles).

Angle

Many of the old canoeing books say, "approach an eddy at a 45 degree angle". I've found that this just doesn't work. What I shoot for is an approach angle around 90 %. In some cases I approach the eddy facing upstream, i.e. more than 90 degrees. This is actually a forward ferry.

What I envision is punching through the eddy line. A perpendicular approach focuses the energy of the boat on the eddy line. With smaller angles, you may just skim along the eddy line. When you hit a baseball, you want the whole force of your bat on the ball. If you hit it square in the center of the ball, it takes off. If you hit the bottom of the ball, the ball goes up and maybe continue backward. The same things goes for catching an eddy. Hit it square (90 degrees) and you should change directions also.

Speed/ momentum

I've seen a number of people with great approach angles in their boat skimming along the eddy lines. Along the eddy line, the current actually pickups up speed. Without speed to compensate

(Continued on page 12)

"The key to catching an eddy is how you approach it."

(Continued from page 3)

Equipment

Every trip:

- Must have a solid human waste carryout system for overnight trips. This system must be adequate for the size of the party and length of trip.
- Must have a fire pan for overnight trips and a charcoal carry out system, if planning a fire.
- Must have adequate storage for carrying out garbage and trash.
- Should have first-aid supplies adequate for the size of the party.
- Should have repair materials to repair the types of boats on the trip.
- Must comply with all federal, state and local boating regulations that apply to the river segment.

UNDERSTAND YOUR RESPONSIBILITIES AND MAINTAIN RIVER ETIQUETTE; IT WILL PRESERVE QUALITY RIVER-RUNNING FOR FUTURE GENERATIONS.

As I also mentioned, the club endorsed these guidelines, along with CWWA and commercial outfitter associations. They will be published and distributed throughout the state this summer.

News from the American Canoe Association

As you know, the RMCC is a Paddle America Club, meaning among other things that our members can join (or renew memberships with) the ACA at reduced rates. As an ACA member myself, I got the following message by e-mail not so long ago. Another reason to join the ACA, eh?

Hello ACA Clubs,

We want you to know about the new ACA Online Gear Store.

The ACA has partnered with Outdoorplay, the largest retailer of online paddlesports equipment, to provide you a world-class shopping experience. Now, ACA members receive an automatic 15% off their purchase of all accessories and will receive a \$25 gift certificate when they purchase a new boat. Plus, a percentage of every sale goes to support ACA conservation! Buying from Outdoorplay also means No Sales Tax on your order and your new gear will be shipped right to your front door.

Check out the new ACA store at <http://www.acanet.org> or go straight to Outdoorplay at <http://www.outdoorplay.com>. Either way, you save and the ACA's conversation efforts benefit.

I typically try to patronize our local merchants first, especially our advertisers, but if you can't find something or you live far from a source of supply, you might consider the ACA's store.

Safety Fair Recap

Dennis Adams deserves thanks again for coordinating this year's safety fair. I especially liked the excerpt from *Fandango* and can't wait (well, yes I can) to see the rest of Costner's first epic. Many thanks also go to those who helped Sunday at the pool, where we had about 24 members and 12 kiddies go through four stations taught by Dennis, of course, and Derek Brady, Jim and Karen Baker-Jarvis, Greg and Karen Jankowski, Ken Metzger, Jeff Oxenford, Bill Rivers, Ron Schmidt, Bob and Jill Stecker, and Mark Zen. And, as a perfect metaphor for my office, I served as the target at the throw-rop station. Luckily, I was saved many times.

FOUND at the safety fair pool session: a PFD. Is it yours? Call Jim Hollaway, 303-329-8906.

Colorado Rivers Alliance

Trip opportunity for aspiring politicians -- paddle (perhaps) with the governor. The Colorado Rivers Alliance and others, including the RMCC, is hosting a Class 1 trip, as follows: FORT MORGAN: Saturday, June 24, 2000. Co-sponsored by Centennial Canoe Outfitters, Denver Museum of Natural History, and Rocky Mountain Canoe Club. Experience a scenic canoe trip on the eastern plains of Colorado, accompanied by an expert ornithologist. Check our website trip schedule for more info.

Paddling Stories Needed

Don't forget to send your narratives about trips you've taken to our editor. I love reading about places to go and the adventures you've had.

Note from the editor: Our next issue is typically a light issue, so a perfect time to submit those trip stories.

"Paddling Stories Needed"

Don't forget to send your narratives about trips you've taken to our editor. I love reading about places to go and the adventures you've had"

(Mentor Continued from page 10)

the water catches the front end of your boat and pushes it downstream (so much for that beautiful 90 degree approach angle). Now you don't need to be going full bore, just faster than the current along the eddy line.

Going slower than water also works. In the olden days, we actually backed-up into many eddys. In my heavy raft I routinely back ferry into eddys. In my canoe, I rarely back into eddies, but frequently turn around and forward ferry into very small eddies. The key is the differential speed.

Finally think about momentum. In the 45 degrees approach angle, most on your momentum is going downstream. At 90 degrees the momentum is into the eddy. You want your momentum into the turn, not downstream.

Putting this together.

My favorite example is when you tell people to catch an eddy on river right and watch them line up down the right shore line. Another is they have a perfect approach path and at the last second backstroke before they hit the eddy line because they are afraid of hitting the rock.

The key is having your boat lined up early so that you can get the correct approach path. You need to aim, have the right angle, and speed. If I'm going to catch an eddy on river right, I'd try to have my boat in the center of the river so that I can drive toward the eddy. On smaller rivers, I may float down sideways to the eddy and take one or two strokes to gain enough power to punch the eddy line.

The best way to practice this is to pick an eddy that you can catch over and over again. Most people try to learn by going down river, missing an eddy turn, then trying and again missing the next eddy turn. Every eddy is different and therefore so is all the components of the eddy turn. It would be like getting a math problem wrong at school and instead of finding out what you did wrong, move on to another problem. Solve the problem on one eddy before moving on!

Remember do your homework! Think about your approach path, approach angle and speed. Most importantly have fun out there.

(Quiet Water Continued from page 1)

an arc? Don't you find that a whitewater canoe is unruly at times; that it's hard to make it behave? Well...this course is all about obedience lessons for your canoe.

If you don't have a solo canoe (either a whitewater or a general recreation canoe) that's OK. We will bring several for demo that students may use. We will be on a pond, and there will be time to try different boats. We should add here that we have learned some new things from folks that do "Freestyle" or "Advanced Quietwater" canoeing, and we have now enthusiastically joined in with this group. We do Freestyle regularly now, and we want to pass on some things we have learned. Yes, we will

definitely make this course applicable to whitewater paddlers, but actually it is for anyone who enjoys the way a canoe feels when it moves gracefully across the water.

Important Notice for CANOE INSTRUCTION:

We finally have the 2000 Instruction Program page (with class descriptions and registration forms) on our new RMCC website at:

[www.rockymountaincanoeclub.org]. We have made some changes and extended the pre-registration periods for the classes. Late registration is available after these dates for an additional fee of \$5. Please check out the new site.

“Several people have asked what our course on *Quietwater Finesse Paddling for solo canoes* is all about (June 7-8, from 5 til 8:30 PM).”

REGIONAL RACES

Dates for regional races, slalom and downriver, are as follows:

Yampa, at Steamboat, June 10-11

Fibark, at Salida, June 17-18

Animas River Days, Durango, June 24-25

RMCC and CWWA Fun Race and Slalom Clinic, Golden, July 29-30

10-mile downriver race, Dotsero to Hanging Lake, August 20

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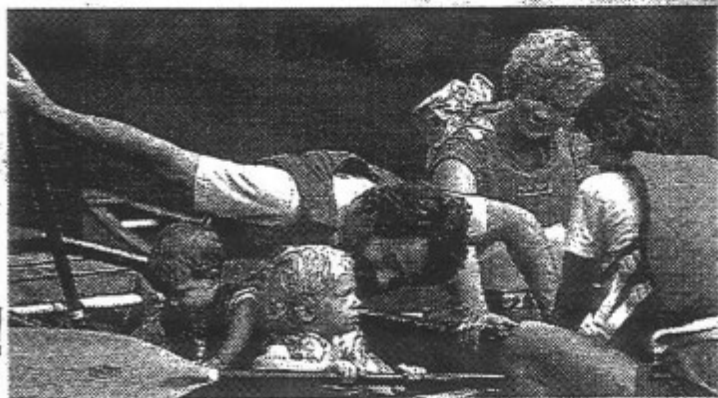
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Exact Location TBD**

\$10 Entry Fee benefits Friends of the Poudre

PADDLE AMERICA – ROCKY MT. CANOE CLUB

ACA MEMBERSHIP APPLICATION

YES! I WANT TO JOIN the **American Canoe Association**. I am a **Rocky Mountain Canoe Club** member and am joining using the Paddle America Partner rates. Enclosed is my check or money order.

Name: _____ Date of Birth: _____

Name: _____ Date of Birth: _____

Children: _____ Date of Birth: _____

Children: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Email: _____

New Member _____ Renewing Member _____

MEMBERSHIP CATEGORY:

	(Regular)	Rocky Mt. Canoe Club Paddle America
___ Individual	\$25	\$15
___ Junior (18 & under)	\$10	n/a
___ Family (2 adults, including children 18 & under*)	\$40	\$20

*Please include name & birth dates

ACTIVITY COMMITTEE Registration: (Optional)

___ Open Canoe Slalom	\$ 5	\$ 5
___ WW Open Canoe Downriver	\$ 5	\$ 5
___ Freestyle (Quietwater)	\$ 5	\$ 5
___ Marathon	\$ 5	\$ 5
___ Instruction & Safety	\$15	\$15

TOTAL Amount: \$ _____

Return Applications to: American Canoe Association, 7432 Alban Station Blvd.
Suite B-232, Springfield, VA 22150

For Credit Card users: Visa/MC/AMEX # _____ Expires: _____

Signature: _____ Join by credit card by calling: (703)451-1041

Your ACA Membership entitles you to this valuable package of ACA member benefits:

- Access to hundreds of ACA sanctioned paddling events
- Six exciting issues of PADDLER magazine – an \$18 subscription value
- Quarterly AMERICAN CANOEIST newsletter – featuring the ACA calendar and complete ACA news
- Valuable member-only discounts on paddling equip., books & services
- Paddlesport information and resources network
- Optional - Activity Committee information and newsletter

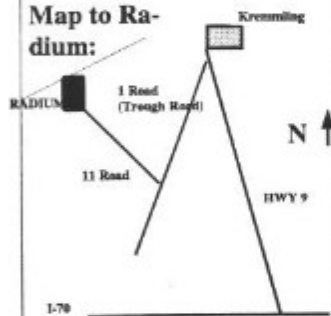


Voyageur's Companion

**UPCOMING DATES
OF NOTE:**

May 20-June 4 Eddie
Bauer Race Series, call Sta-
cey [] to help
July 20 Deadline for August
Newsletter
July 22-23 Club Rendez-
vous at Radium:

**Map to Ra-
dium:**



From I-70 @ Silverthorne take Hwy 9 north
to the intersection with 1 Road, or Trough
Road south of Kremmling 1 or 2 miles.
Make a left turn heading SW on 1 Road, go
approximately 15 miles to the intersection
with 11 Road. There should be a sign for
Radium here. Turn right (NW) onto 11
Road and follow it to the Radium camp-
ground on the Colorado River. We should
be on the north end of the Group Sites.

**MEMBERSHIP \$15 PER HOUSEHOLD
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CONTACT David and Jeannie Ney @

MAIL Applications and Waivers to:
David and Jeannie Ney, []
[] Golden CO 80403

The Voyageur's Companion
C/O Editor

[]
Longmont, CO 80501

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Ron Schmidt

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Doug Ellis

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Our New Web Address:



The Voyageur's Companion is a bi-monthly publication of the Rocky Mountain Canoe Club. Editorial material for The Voyageur's Companion is welcomed and should be sent to : Diane Binder, Editor, The Voyageur's Companion, [] Longmont, CO 80501. OR email Documents in the following file formats: Word 6.0, 7.0, WordPerfect, Word 95, Word 6.x. Graphics files: .jpg .gif .pic .tif .pcx .dxf .cgm .cdr .eps .emf .gif .ped .pct drw .pcf .tga and .bmp

Submitting Articles: The Voyager's Companion is primarily the venue for the RMCC to post trip schedules, classified ads, and related material, enabling members to share and enhance their canoeing interests. We invite members to contribute articles on trips as well as informative articles on subjects such as the following: Paddling techniques, Equipment, rigging the Canoe, Environmental Issues, River Safety, Camping Techniques, or Canoe History. The editorial staff appreciates your efforts to limit wordiness of superfluous details, and to restrict the article to under 1,200 words (about 2 pages).

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